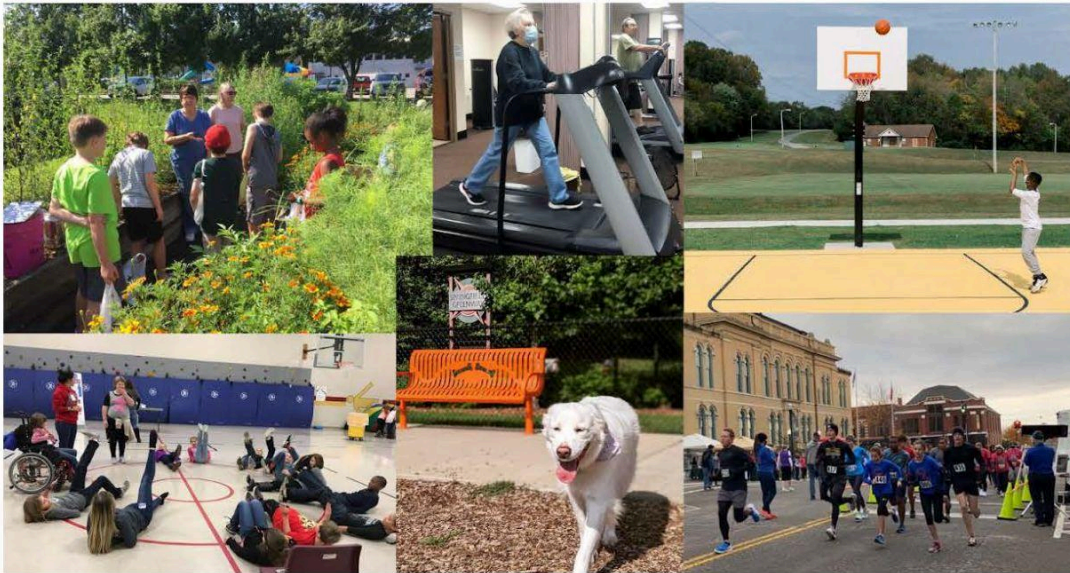


# 2024

## ROBERTSON COUNTY resource directory

The Robertson County Health Council is a body of professionals and private citizens dedicated to improving the general health and welfare of the citizens of Robertson County through comprehensive, collaborative efforts.



This directory is produced and maintained by the Robertson County Health Council. Review and revision takes place annually. Please visit our website for the most recent version: [www.robertsoncountyhealthcouncil.com](http://www.robertsoncountyhealthcouncil.com)



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## Animal Services

### Greenbrier Animal Control

Address: 7451 Sugar Camp Drive, Greenbrier, TN 37073  
Phone: 615-643-1003  
Hours: 7:30 am-4:00 pm, Monday-Friday

### Springfield Animal Control

Address: 507 Industrial Drive, Springfield, TN 37172  
Phone: 615-384-9289  
Hours: 8am-4:00pm, Monday-Friday

### Robertson County Animal Control

Address: 2900 W. County Farm Road, Springfield, TN 37172  
Phone: 615-384-5611  
Hours: 10:00 am-4:00 pm, Monday-Friday

## Children/Youth

### Big Brothers Big Sisters of Middle Tennessee

Address: 800 MS Courts Blvd., Suite #1, Springfield, TN 37172  
Phone: 615-329-9191  
Website: [www.mentorakid.org](http://www.mentorakid.org)  
Contact: Rebecca Dove, Director, [rebecca.dove@mentorakid.org](mailto:rebecca.dove@mentorakid.org)  
Services: Mentoring children ages 6-16  
Hours: 8:30 am – 5 pm M-F

### Court Appointed Special Advocates (CASA)

Address: P. O. Box 967, Springfield, TN 37172  
Phone: 615-382-5066  
Email: [casaofrobertsoncounty@gmail.com](mailto:casaofrobertsoncounty@gmail.com)  
Web: [www.casaofrobco.com](http://www.casaofrobco.com)  
Contact: Leah Blocker, Executive Director  
Services: Provide trained advocates for abused/neglected children. These advocates are appointed through the Juvenile Court system.  
Fees: none  
Other: Advocates are trained volunteers.

### Family Resource Center

Address: 700 Bransford Drive, Springfield, TN 37172  
Phone: 615-382-3609 or 615-289-6945  
Contact: Teresa Leavitt, Supervisor of Student Services  
Danielle Frazier, Family Resource Director  
Jennifer Dusky, Social Worker/Family Liaison  
Evelin Cabrera, Robertson County District Translator  
Lisa Duncan, Assistant  
Sarah Evans - McKinney Vento Liaison  
Web: <http://www.rcstn.net/>  
Services: Helping remove all barriers that interfere with education achievement by linking students and families with necessary resources. The FRC also works to identify and assist

homeless families in Robertson County.  
Services available in English and Spanish.

**Head Start/Early Head Start (Mid-Cumberland Community Action Agency)**

Address: 700 Bransford Dr. & 807 Rose Hill Circle, Springfield, TN 37172  
Phone: (615) 384-9863  
Web: <https://www.mtheadstart.org/robertson-county/8-springfield-head-start.html>  
Contact: Trish Boone, Area Manager: [tboone@midcumberland.org](mailto:tboone@midcumberland.org)  
Lisa Cadwell, Family Service Advocate: [lcadwell@midcumberland.org](mailto:lcadwell@midcumberland.org)  
Services: Mid-Cumberland C.A.A. Head Start serves children ages 6 weeks to five years in Robertson County. There are two different sites in Robertson County.  
Fees: Income Based  
Hours: 7:30 am-3:00 pm M-F

**Morriss-Gregory Robertson County Child Advocacy Center**

Address: 406 North Main Street, Springfield, TN 37172  
Phone: 615-384-5885  
Email: [phyllis.smith@robertsoncac.org](mailto:phyllis.smith@robertsoncac.org)  
Web: <https://morriss-gregory.wixsite.com/robertsoncac>  
Contact: Phyllis Smith, Director  
Services: Responses to all allegations of child sexual and physical abuse. Also, provides therapy, court preparations and victim advocacy services.  
Fees: none  
Hours: 8:30 am – 4:30 pm Monday – Friday

**Nurture The Next**

Address: 600 Hill Drive, Suite 202, Nashville, TN 37210  
Phone: 615-383-0994  
Email: [pcat@pcat.org](mailto:pcat@pcat.org)  
Web: [www.info@nurturethenext.org](http://www.info@nurturethenext.org)  
Contact: Kristen Rector, Director  
Services: Operates a 24-hour statewide domestic violence helpline 1-800-356-6767  
24-hour statewide parent helpline 1-800-CHILDREN as well as the nurturing parenting program (listed under parenting).  
Fees: None  
Hours: Hotline 24/7 1-800-356-6767  
Business hours: 8:30 AM – 4:30 PM M-F

**Robertson County Juvenile Court**

Address: 531 South Brown Street, Springfield, TN 37172  
Phone: 615-384-8815  
Email: [rwilson@rccourts.com](mailto:rwilson@rccourts.com)  
Contact: Rebekah Slayton, Youth Services Director  
Services: Court Services for juvenile offenders  
Hours: 8:00 am – 4:30 pm Monday-Friday

### **Robertson County Schools**

Address: 800 MS Courts Blvd., Springfield, TN 37172  
Phone: 615-384-5588  
Web: <http://www.rcstn.net/>

### **Ready. Set. Grow! (TN Voices Early Childhood Program)**

Address: 500 Professional Park Drive, Goodlettsville, TN 37072  
Phone: 615-269-7751  
Email: [early.childhood@tnvoices.org](mailto:early.childhood@tnvoices.org)  
Web: <https://tnvoices.org/programs/early-childhood/>  
Services: Supporting caregivers and families of young children (0-8 years) through the Pyramid Model Strategies to help with challenging behaviors.  
Hours: 8:00 – 4:30 Monday - Friday

### **Shine Pediatric Therapy**

Address: Springfield Office - 3933 Memorial Blvd Springfield, TN 37172  
Hendersonville Office - 20 Executive Park Drive, Hendersonville, TN 37075  
Phone: Springfield Office - 615-382-0500  
Hendersonville Office - 615-994-8430  
Web: <https://shinepediatrictherapy.com/>  
Email: [admin@shinepediatrictherapy.com](mailto:admin@shinepediatrictherapy.com)  
Services: Occupational Therapy, Physical Therapy, Speech Therapy, Feeding Therapy, Sports Injury and Concussion Rehab for ages birth to 21 years of age.  
Service area: Robertson, Cheatham, Montgomery, Davidson, and Sumner  
Fees: We are in network with all major insurance carriers including state Medicaid.  
Hours: Monday 1-5pm; Tuesday-Friday 8am-5:30pm

### **TN Department of Children's Services**

Address: 812 S. Brown St., Springfield, TN 37172  
Phone: 615-382-2407  
Web: [www.tn.gov](http://www.tn.gov)  
Services: Social Services and Child Protective Services  
Hours: 8:00 am – 4:30 pm Monday-Friday

### **UT Extension Robertson County**

Address: 408 North Main Street, Springfield, TN 37172  
Phone: (615) 384-7936  
Web: [www.robertson.tennessee.edu](http://www.robertson.tennessee.edu)  
Contact: Lauren Patterson, County Director & Extension Agent/ Family and Consumer Sciences [lpatte20@utk.edu](mailto:lpatte20@utk.edu)  
Timmy Mann, Extension Agent/Agriculture [tmann1@utk.edu](mailto:tmann1@utk.edu)  
Lauren Balthrop, Extension Agent/4-H Youth Development, [lbalthr1@utk.edu](mailto:lbalthr1@utk.edu)  
Elizabeth Fletcher, Extension Agent/4-H Youth Development [eliggrav@utk.edu](mailto:eliggrav@utk.edu)  
Rachael Ragland, Program Assistant/ 4-H Youth Development, [reed45@utk.edu](mailto:reed45@utk.edu)  
Bob Ary, Program Assistant/Horticulture [bobary@utk.edu](mailto:bobary@utk.edu)

Services: Education: 4-H youth development, family and consumer science including health, financial, and nutrition, agricultural and horticultural education/program. Family and community education club program, Master gardeners program.  
Fees: Many are free, some programs are fee-based  
Hours: Monday - Friday, 7:30 a.m. - 4:30 p.m.

### **Women Infants and Children (WIC) Health Department**

Address: 800 S. Brown St., Springfield, TN 37172  
Phone: 615-384-4504  
Email: [jaimie.block@tn.gov](mailto:jaimie.block@tn.gov)  
Web: [www.tn.gov](http://www.tn.gov)  
Contact: Jamie Block, WIC Supervisor  
Services: Vouchers to buy nutritious foods (cheese, milk, cereals, etc.) are issued to women who are pregnant or breastfeeding and children under five years of age who are at risk of poor growth, if they meet income guidelines. Breastfeeding classes and support are available to all new mothers.  
Fees: none  
Hours: 8:00 am – 4:30 pm Monday-Friday

## **Clothing**

### **C.O.P.E. - Cooperative Outreach for Personal Emergencies**

Address: 810 South Main Street, Springfield, TN 37172  
Phone: 615-384-1465  
Email: [hannabasswalt@gmail.com](mailto:hannabasswalt@gmail.com)  
Contact: JoAnne Cyprus, Director; Walt Hannabass, Treasurer  
Services: Low cost thrift store.  
Fees: varied  
Hours: 10:00 am – 3:00 pm Tuesday – Saturday  
Other: see also [financial assistance](#)

### **The Shepherd's Place - Orlinda Baptist Church**

Address: 1124 West Church Street, Orlinda, TN 37141  
Phone: (615) 654-3941  
E-mail: [Orlindabaptist@gmail.com](mailto:Orlindabaptist@gmail.com)  
Services: Free clothing ministry for children and adults.  
Hours: Open 1st and 3rd Fridays of each month, 10am-2pm.

### **RobCo Community Closet Project**

Address: 1006 Pepper Street, Springfield, TN 37172-3146  
Phone: (615) 780-2511  
Services: Provides clothing and household items to families in need  
Hours: This is a new service that is still in the process of being established.  
If you have a client in need of clothing or house hold items, please contact United Way

to receive help.

## Community Support

### American Cancer Society

Address: 2000 Charlotte Ave., Nashville, TN 37230  
Phone: 615-327-0991 1-800-227-2345  
Web: [www.cancer.org](http://www.cancer.org)  
Services: Volunteer and help organization, rides for cancer patients, support groups.  
Hours: 8:00 AM – 4:30 PM M-F and 24/7 @ 1-800-227-2345

### American Red Cross

Address: 2201 Charlotte Avenue, Nashville, TN 37230  
Phone: 1-800-733-2767  
Web: [www.redcross.org](http://www.redcross.org)  
Services: In these events, the Red Cross provides shelter, food, health and mental health services to help families and entire communities get back on their feet. Although the Red Cross is not a government agency, it is an essential part of the response when disaster strikes.  
Hours: 8:00 AM – 5:00 PM M-F

### Chamber of Commerce, Robertson County

Address: 405 West Court Square, Springfield, TN 37172  
Phone: 615-384-3800  
Email: [info@robertsonchamber.org](mailto:info@robertsonchamber.org)  
Web: [www.robertsonchamber.org](http://www.robertsonchamber.org)  
Contact: Jordan Osborne, President, Chamber Operations  
Services: Business networking, tourism, economic development, membership relations.  
Fees: see website for details  
Hours: 9:00 am – 4:00 pm M-Th; 9:00 am- 12:00 pm Friday

### Covenant Confirmers Ministries

Address: 300 10th Avenue East Springfield, TN 37172  
Phone: 615-384-9010  
Email: [ronccmi@bellsouth.net](mailto:ronccmi@bellsouth.net)  
Contact: Pastor Ron Baptiste  
Services: Safe environment for recovery including support groups and a recovery clubhouse.  
Hours: Wednesday night 7:00 PM  
Fees: None

See also [Support Groups](#) for schedule

**Drug Take-back Boxes - Free:** Prescription drug take-back boxes provide a place where unused prescription drugs can be safely disposed of. These permanent boxes prevent prescription and over-the-counter medications from getting into the hands of children and into the waterways. For more information and additional locations throughout the state of Tennessee visit <https://www.tn.gov/environment/program-areas>. In Robertson County there are 2 locations:

- Robertson County Sheriff's Office, 507 S. Brown Street, Springfield. Open hours: Monday-Friday 8:00am-4:30pm
- Greenbrier Police Department, 790 W. College Street, Greenbrier. Open hours: Monday-Friday 8:00am-4:00pm

### **First Seventh Day Adventist Church**

Address: 3263 Tom Austin Highway, Springfield, TN 37172  
 Phone: (615) 384-4077  
 Services: gas cards or rideshare tickets on a temporary basis for those beginning employment  
 Other: Call and leave a message

### **Laundry Love**

Phone: (615) 780-2511  
 Email: [laundrylovespringfieldtn@gmail.com](mailto:laundrylovespringfieldtn@gmail.com)  
 Services: Free laundry service for those in need provided by community volunteers and sponsors.  
 When: Held every third Friday of the month, first loads in at 8:00am last loads in at 10:30am.  
 Location: Sister's Coin Laundry, 2104 Memorial Blvd., Springfield, TN (in the Big Lots/Belk Plaza)

### **St. Teresa's Helpers, (Our Lady of Lourdes and St. Michael Catholic Church)**

Address: 103 Golf Club Lane, Springfield, TN 37172  
 Phone: (615) 384-5837 (Helpline)  
 Services: Provides assistance with rent, utilities, and food to Robertson County residents.

### **United Way of Greater Nashville - Robertson County Office**

Address: 100 5<sup>th</sup> Ave. East, Springfield, TN 37172  
 Phone: 615-780-2511  
 Information: United Way of Greater Nashville is fighting for a community where every person—no matter their background, their abilities or their zip code—has an equal chance at a bright future.  
 Web: <https://www.unitedwaygreaternashville.org/>  
 Services: UWGN unites the community and mobilizes resources so that every child, individual and family thrives. Provide community access to 2-1-1, a free, funneled resource line linking callers to local resources for basic needs - available 24/7 and in 180 languages. Offer opportunities for community involvement including Give Thanks Meal Kits and Stuff the Bus (formerly known as the Back to School Bash).

## **Crisis**

### **National Suicide Prevention Lifeline**

Phone: 988; 1-800-273-8255



Services: The Lifeline provides 24/7, free and confidential support for people in distress, prevention and crisis resources for you or your loved ones, and best practices for professionals. Phone and online chat available.

Website: <https://suicidepreventionlifeline.org/>

### **Mobile Crisis (Adult)**

Phone: 1-800-681-7444

### **Mobile Crisis (Children)**

Phone: 1-866-791-9221

### **Robertson County Crisis Line (Youth/Adolescents)**

Phone: 1-877-652-3069

### **24/7 STATEWIDE CRISIS LINE:**

Phone: 1-855-274-7471 (855-CRISIS-1)

*See also: [Law Enforcement](#)*

### **Tennessee Suicide Prevention Network**

Phone: 1-855-274-7471

Text: Text "TN" to 741 741.

Website: [www.tspn.org](http://www.tspn.org)

Services: Call or text to communicate with a trained crisis counselor.  
This service is FREE and CONFIDENTIAL.

## **Disabilities**

### **Disability Rights TN**

Address: 2 International Plaza, Suite 825, Nashville, TN 37217

Phone: 1-800-342-1660

Phone: Robertson County, Adult -1-800-681-7444; Youth - 1-866-791-9221

Email: [gethelp@disabilityrightstn.org](mailto:gethelp@disabilityrightstn.org)

Web: [disabilityrightstn.org](http://disabilityrightstn.org)

Services: Agency provides non-profit legal services dedicated to protecting the rights of Tennesseans with disabilities. The services provided are diverse. For example, the agency can investigate abuse and neglect in community settings like board and care homes, and provide education, advocacy and legal services for other areas like access to assistive technology and Vocational Rehabilitation (VR) services. Community members and service providers with a disability related issue can contact the intake team and the intake team can determine if the issue fits our areas of work and/or provide a personalized referral.

Fees: See website for information

Hours: 8:00 AM – 5:00 PM M-F

### **H.A.T.S. (Habilitation and Training Services)**

Address: 4859 Hwy 431 N., Springfield, TN 37172

Phone: 615-384-2571

Email: [sbumgardner@hatstn.org](mailto:sbumgardner@hatstn.org)

Web: <http://www.hatstn.org/index.html>

Services: Adult day services, residential and case management, family support to allow those with severe disabilities to remain in their homes and communities, Rainbow Early Intervention Services for children 36 months and under with disabilities or developmental delays, job coaching and training programs for disabled adults.

**Family Support Program:** This program is a grant funded program in agreement with the State of TN. It is designed to assist individuals with severe, life-long mental or physical disabilities and their families to remain together in their homes and in their communities. It is intended for individuals who choose to live with their families or for those who reside in a community in an unsupported setting. Program is not income-based and does not interfere with disability or SSI income. Contact **Elaine Broyles** (615) 575-4119.

Hours: 8am-4pm, Monday - Friday

Areas served: Robertson and Sumner Counties

### **Paradise Ranch**

Address: 2822 Paradise Lane, Springfield, TN 37172

Phone: (615) 382-7256

Web: [www.paradiseranch.org](http://www.paradiseranch.org)

Contact: To register - <http://paradiseranch.org/register/>

Services: Therapeutic riding is available for physically and mentally handicapped riders. Volunteers and certified instructors ensure that the riders have a safe, fun experience while also receiving valuable therapeutic care.

### **Special Olympics**

Address: 461 Craighead Street, Nashville, TN 37204

Phone: 615-329-1375

Web: [www.specialolympicstn.org](http://www.specialolympicstn.org)

Services: Provides year-round sports for children and adults with intellectual disabilities, giving them continuing opportunities to develop physical fitnesses

Fees: none

Hours: 8:30 am – 3:00 am Monday-Friday

## **Domestic Violence**

### **HomeSafe Inc.**

Address: 331 South Water Ave.; Gallatin, TN. 37066

Phone: Office 615-452-5439

Web: [www.homesafeinc.org](http://www.homesafeinc.org)

Other: 24/7 hotline: 615-452-4315

24/7 Spanish hotline: 615-969-3260

Services: Crisis intervention, danger assessment and safety planning, individual counseling, support groups, law enforcement and court advocacy, case management, emergency shelter, prevention programs for youth and adults.

### **Legal Aid Society of Middle Tennessee and the Cumberland**

Address: 109 South Third St. Clarksville, TN 37040

Phone: 931-552-6656 or 800-238-1443

Web: [www.las.org](http://www.las.org)

Services: Legal assistance to low income and vulnerable people

Hours: 8:30 AM – 4:30 PM Monday – Friday

Area Served: Middle Tennessee and the Cumberland (Clarksville office serves the following counties: Robertson, Montgomery, Cheatham, Dickson, Stewart, Houston, Humphreys)

Fees: Income based

Other: Assistance with the following kinds of civil cases: reentry screening; employment cases; family and domestic violence cases; health and benefits cases; housing cases; money and tax cases.

### **Victims Compensation Program**

Address: 600 Martin Luther King Jr. Blvd., Nashville, TN 37243-0225

Phone: 615-741-2734

Web:

<https://treasury.tn.gov/Services/Claims-and-Risk-Management/Criminal-Injuries-Compensation>

Services: Limited compensation for victims or relative of a victim

Hours: 8:30 AM – 4:30 PM Monday – Friday

Area Served: TN

Fees: None

Other: Eligibility guidelines set by state

### **Family Focused Solutions (Family and Children's Services)**

Phone: (615) 320-0591

Email: [djohnson@fcsnashville.org](mailto:djohnson@fcsnashville.org)

Website: <https://www.fcsnashville.org/counseling-and-crisis-services/>

Services: FFS Life Coaches assist families receiving TANF (Temporary Assistance for Needy Families) benefits who experience barriers to employment and self-sufficiency. Participants address mental health, domestic violence, alcohol and drug addiction, learning disabilities, parenting needs, and health issues. F&CS operates FFS programs in 26 Middle Tennessee counties.

Fee: None for those receiving TANF (see above)

## **Drug/Substance Abuse Rehabilitation**

### **Bradford Health Services**

Address: 1410 Donelson Pike, Suite A7, Nashville, TN 37217

Phone: 1-888-762-3740 or 615-291-2956 (Nashville center)

Web: [www.bradfordhealth.com](http://www.bradfordhealth.com)

Services: Provides inpatient, outpatient, and intensive outpatient services for adults and adolescents for substance abuse treatment.  
Fees: See website for more information  
Hours: 9:00 AM – 5:00 PM M-F

### **Buffalo Valley**

Address: 501 Park Avenue South, Hohenwald, TN 38462  
Phone: 800-447-2766 or 931-796-5427  
Web: [www.buffalovalley.org](http://www.buffalovalley.org)  
Services: Provides outpatient substance abuse treatment  
Fees: Please see website for more information  
Hours: 8:00 AM – 5:00 PM M-F

### **Covenant Confirmers Ministries**

Address: 300 10th Avenue East Springfield, TN 37172  
Phone: 615-384-9010  
Web: <https://www.covenantconfirmers.org/>  
Email: ronccmi@bellsouth.net  
Contact: Pastor Ron & Cricket Baptiste  
Services: Safe environment for recovery including support groups and a recovery clubhouse.  
Fees: None

*See also [Support Groups](#) for schedule*

### **Overdose Prevention/ TN Save a Life (Naloxone) Program**

Address: 395 S Main St., Ashland City, TN 37015  
Phone: 615-246-8075  
Contact: Cheatham County Community Enhancement Coalition  
Web: [www.tnsavealife.org](http://www.tnsavealife.org)  
Services: Naloxone training, certification and free kit.  
Serving 8 Counties: Robertson, Cheatham, Dickson, Montgomery, Sumner, Houston, Humphries, Stewart

### **Cumberland Heights**

Address: 8283 River Road Pike, Nashville, TN 37209  
Phone: 615-314-3856 (office) or 866-698-5078  
Web: [www.cumberlandheights.org](http://www.cumberlandheights.org)  
Services: Provides inpatient and outpatient treatment to adolescents and adults involved with drug dependency.  
Fees: See website for more information  
Hours: 24/7 hotline

**Drug Take-back Boxes - Free:** Prescription drug take-back boxes provide a place where unused prescription drugs can be safely disposed of. These permanent boxes prevent prescription and over-the-counter medications from getting into the hands of children and into the waterways. For more information and additional locations throughout the state of Tennessee visit <https://tdeonline.tn.gov/rxtakeback/> . In Robertson County there are 4 locations:

- Robertson County Sheriff's Office, 507 S. Brown Street, Springfield. Open hours: Monday-Friday 8:00am-4:30pm
- Robertson County Detention Facility, Public Entrance, 311 5th Avenue E, Springfield. Open hours: 24/7
- Greenbrier Police Department, 790 W. College Street, Greenbrier. Open hours: Monday-Friday 8:00am-4:00pm
- Cross Plains Police Department, 7622 State Route, Cross Plains. Open Hours: Monday, Tuesday, Thursday, Friday 8:00am-4:00pm.

Other nearby locations:

- Millersville Police Department, 1246 Louisville Highway, Goodlettsville. Open Hours: Monday-Friday 8:00am-4:00pm
- Pleasant View, 1008 Civic Court, Pleasant View, Open Hours: Monday-Friday 8:00am-4:30pm
- White House, 303 North Palmers Chapel, White House. Open Hours: Monday-Thurs 7:15am-5:15pm

### **E-Recovery Support Communities and Programs**

- Faces & Voices of Recovery's Guide to Mutual Aid Resources: A compendium of recovery support programs and communities—many of which now offer virtual meetings and resources. <https://facesandvoicesofrecovery.org/resources/mutual-aid-resources/>
- Online Intergroup of Alcoholics Anonymous: Hosts a directory of online meetings featuring 1,000+ online AA meetings worldwide, ranging from video or telephone conferences to email or chat groups in many languages, available 24/7. <https://aa-intergroup.org>
- 12StepMe.org: Chat/meeting group of Alcoholics Anonymous (AA). This website has no affiliation—implied or actual—to any organization, including AA—meetings are conducted by an AA group that is registered with the Online Intergroup of AA. <https://12stepme.org>
- Celebrate Recovery (CR): A 12-step, Christian recovery program. Some CR groups are offering live online worship and encouragement, or temporary online CR Open Share Groups. Contact local CRs to find out what they are offering (or contact your area State Rep). <https://celebraterecovery.com/>
- SMART Recovery Online (SROL): Online community where individuals with addiction, their family and friends, and other specialized audiences can interact with SMART (Self-Management and Recovery Training) volunteers and each other to aid in overcoming addiction. <http://www.smartrecovery.org/srol-2>
- In The Rooms (ITR) Online Communities and Meetings: ITR is an online social network for recovery community. Its mantra is the acronym HITCH (Help, Inform, Touch, Connect, and Heal). <https://bit.ly/2IPozjs>
- Emotional Anonymous-<https://emotionsanonymous.org/>
- Women for Sobriety-<https://womenforsobriety.org/>
- NAMI Davidson- <https://namidavidson.org/support-groups/support-groups/>
- TN Redline -1-800-889-9789-Referral resources

### **Elam Mental Health Center**

Address: 2000 Albion St, Nashville, TN 37208

Phone: 615-327-6256

Web:

<https://www.meharryresearch.org/research/innovation-centers/clinical-translational-research/lloyd-c-el-am-mental-health-center/>

Services: Provides alcohol and drug assessments as well as inpatient and outpatient treatment.

Fees: see website for more information

Hours: 9:00 AM –4:30 PM Monday-Friday

### **Family Focused Solutions (Family and Children's Services)**

Phone: (615) 320-0591

Email: [djohnson@fcsnashville.org](mailto:djohnson@fcsnashville.org)

Website: <http://www.fcsnashville.org/programs/counseling>

Services: FFS counselors assist families receiving TANF (Temporary Assistance for Needy Families) benefits who experience significant barriers to employment and self-sufficiency. Participants address mental health, domestic violence, alcohol and drug addiction, learning disabilities, parenting needs, and health issues. F&CS operates FFS programs in 26 Middle Tennessee counties for the TN Department of Human Services

Fee: None for those receiving TANF (see above)

### **Greater Faith Community Action Corporation**

Address: 1001 Goldcrest Drive, Springfield, TN 37172

Mailing address: P.O. Box 215, Springfield, TN 37172

Phone: General Inquiries: 615-384-3790

Contact: Pastor Robert Gardner

Web: <https://www.cofci.org/>

Email: [greaterfaithspringfield@gmail.com](mailto:greaterfaithspringfield@gmail.com)

Services: Provides: transitional housing program and supportive services

Fees: See website for more information

### **Hope Center Ministries**

Address: [location undisclosed]

Phone: (866) 396-4673

Contact: Julie Utley, Admissions for TN locations

Email: [midtn@hopecm.com](mailto:midtn@hopecm.com)

Web: <https://www.hopecm.com/>

Services: Substance abuse recovery, 24 Hour Supervision, Christian Discipleship, Group Sessions, Urine Drug Screening, Court Liaison Services, Faith-Based Support Groups, Individual Mentoring, Family Support Group, Transportation & Housing, Case Management, Continuing Support Plan, After Care Plan, Celebrate Recovery Curriculum

### **Journey 2 Recovery, Free Addictions Program**

Address: 116 Academy Dr., Springfield, TN 37172

Phone: 615-485-4626

Contact: Johnny Norton, Addictions Program Director

Email: [jnorton@shbcministries.org](mailto:jnorton@shbcministries.org)

Web: <https://www.shbcministries.org>

Services: Biblically based, Christian Addiction Recovery Program designed for those in addictive behaviors. Their focus is to address the core spiritual side of addiction through faith, the church, curriculum, and weekly classes. All are welcome - there is a program for children of all ages, nursery, and transportation if needed.

Hours: Meetings are held weekly on Wednesdays, 7PM-8PM.

### **Mirror Lake Recovery Center (Detox and Treatment)**

Address: 999 Girl Scout Road, Burn, TN 37029

Phone: (855) 524-3155

Web: [www.mirrorlakerecovery.com](http://www.mirrorlakerecovery.com)

### **Mobile Recovery Communities**

Consider sharing this list of mobile apps that nurture and sustain virtual recovery communities through 24-hour connections. Many of them are free and offer peer-coaching support (which may incur a fee).

Examples include:

- Sober Grid: [www.sobergrid.com](http://www.sobergrid.com)
- R/Tribe: [www.rtribe.org](http://www.rtribe.org)
- WEconnect: [www.weconnectrecovery.com](http://www.weconnectrecovery.com)
- Nomo (It's Time to say No More!): <https://saynomo.com>

### **The Next Door**

Address: 402 22<sup>nd</sup> Avenue North, Nashville, TN 37203

Phone: 855-863-4673 (admissions) or 615-251-8805 (general info)

Web: [www.thenextdoor.org](http://www.thenextdoor.org)

Services: The Next Door provides services to women who are impacted by addiction, mental illness, trauma and/or incarceration.

### **Recovery Community, Inc.**

Address: P.O. Box 777 Madison, TN 37116

Phone: 615-569-3174

Email: [info@recoverycommunity.org](mailto:info@recoverycommunity.org)

Services: Transitional living facility in Madison that provide safe and affordable housing for both men and women with alcohol and drug dependency issues and also offer Recovery Support Services, Case Management and Intensive Outpatient Treatment.

Fees: \$250 due upon arrival (\$100 Admission Fee + \$150 first week's rent); \$150 weekly rent. Monthly clients pay \$550 per month.

### **Renewal House**

Address: P.O. Box 280356, Nashville, TN 37228

Phone: 615-255-5222

Email: [info@renewalhouse.org](mailto:info@renewalhouse.org)

Web: [www.renewalhouse.org](http://www.renewalhouse.org)

Services: Provides residential services for women who are pregnant, and/or have at least one child below the age of 11 who will live with them. Also, provides women's Intensive

Outpatient and Transitional Housing for women who have been clean and sober at least six months.

### **Robertson County Prevention Coalition**

Address: 100 5th Ave. Springfield TN 37172  
Contact: Tiffany Thomson  
Phone: (615) 780-2511  
Website: <https://robertsoncountyhealthcouncil.com/rcpc/>  
Services: Work collaboratively with community agencies, and schools to reduce or prevent the harms associated with substance use and abuse through education, supportive intervention efforts, and advocacy.

### **TAADAS-TN Association for Alcohol, Drug and other Addiction Services**

Phone: **TN REDLINE 1-800-889-9789-Referral Line and Chat line**  
Hours: Tennessee REDLINE 24/7

See also "[Support Groups](#)"

## **Education**

### **Access Internet from AT&T**

Phone: 800-288-2020  
Web: <https://www.att.com/internet/access/>  
Services: Affordable low-income internet access. Qualify via income or participation in the National School Lunch program or SNAP.  
Fees: \$30 per month, based on internet speeds in the area

### **Affordable Connectivity Program (ACP) from Verizon**

Phone: 1-833-837-4966  
Web: <https://www.verizon.com/home/internet/acp/>  
Services: Federal program that provides subsidized internet services for eligible customers. Up to one \$30/month subsidy for each eligible household. Goal of program is to ensure that internet services are affordable for everyone. Covers hom and mobile plans with internet access.  
Fees: When enrolled in the Verizon Forward Program Home and autopay, the ACP program provides internet for free.

### **American Job Center - Workforce Essentials**

Address: 299 10<sup>th</sup> Avenue East, Springfield, TN 37172  
Phone: 615-384-1097  
Web: [www.workforceessentials.com](http://www.workforceessentials.com)  
Services: Offers free English as a Second Language courses on Monday and Wednesday From 5:00 p.m. - 7:00 p.m. for ages 17 and up.  
Hi Set preparation classes and testing, Job search & training, drug testing, driver's education, paternity test, hair follicle



test, physical and customized training. WIOA,  
Hours: 8:00 am – 4:30 pm M-F

### **Goodwill Career Solutions**

Address: 2008 Memorial Blvd., Springfield TN 37172  
Phone: (615) 338-3369  
Web: <https://giveit2goodwill.org/careersolutions/>  
Services: Free training classes and employment assistance.

### **NAMI (National Alliance on Mental Illness) - ROBERTSON COUNTY GROUP**

Address: TriStar NorthCrest Medical Center, 100 NorthCrest Drive, Springfield, TN  
Contact: Amy Lawrence  
Phone: 931-980-5019  
Email: [nami4robertsoncounty@gmail.com](mailto:nami4robertsoncounty@gmail.com)  
Services: The NAMI Support Group is a FREE 90-minute recovery support group helping family members, friends, and people with mental health conditions come together for support by sharing our experiences in a safe and confidential setting. Together we gain HOPE, understanding and feel a sense of connection.  
Schedule: Monday: First Monday of each month at 6:30pm in the Ground Floor Conference room at TriStar NorthCrest Medical Center  
Tuesday: Second Tuesday of each month at 1:00 pm at the Stokes Brown Library  
Thursday: Second Thursday of each month at 6:30 pm; register at [nami4robertsoncounty@gmail.com](mailto:nami4robertsoncounty@gmail.com)

### **Spanish Classes - Harvest Baptist Association & Stokes Brown Public Library**

Address: 405 White Street, Springfield, TN 37172  
Phone: 615-384-8197 or 615-766-2900  
Web: <https://rcbatn.org/spanish-class>  
Services: Offers three levels: beginner, intermediate, and advanced. Each session is 14 weeks.  
Hours: Classes on Tuesdays 6:00pm-7:30pm ( in-person at Stokes Brown Library)  
Fees: \$50, includes book - limited availability.

### **Open Door Pregnancy Center**

Address: 1109 South Main St., Springfield, TN 37172  
Mailing address: P.O. Box 117, Springfield, TN 37172  
Phone: 615-384-4673  
Email: [opendoorpc@gmail.com](mailto:opendoorpc@gmail.com)  
Web: [www.615-384hope.com](http://www.615-384hope.com)  
Contact: Shawn Elmore, Executive Director  
Services: Crisis pregnancy resource center providing resources and parenting education – including Court/DCS.  
Fees: None. Services are free and confidential.  
Hours: Monday/Tuesday: 10:00 am – 6:00 pm, Wednesday: Closed, Thursday: 10:00 am – 4:00 pm, Friday: 10:00 am – 2:00 pm, Saturday/Sunday: Closed

Other: Donation funded/nonprofit. Offers baby products and parenting classes.

### **Robertson County Adult High School**

Address: 1015 Josephine St., Room 3, Springfield, TN 37172

Phone: (615) 382-8914

Web: <https://rcalc.rcstn.net/cms/One.aspx?portalId=86361&pageId=17888246>

Contact: Dr. Mary Jo Holmes, Principal

Carolyn Perry, School Counselor

Dr. William C. Winters, Coordinator

Services: Adult High School Program is designed to allow Robertson County adults who never finished the class requirements for a high school diploma to complete the courses necessary to graduate.

Gateway Program is for adults who need assistance and instruction in achieving Gateway Tests in English, Math or Science required to obtain their diploma.

Fees: Cost of the background check is only the cost to enrollee.

Hours: Mon-Fri: 8AM-3PM with Lunch: 11:00AM-11:30AM

### **Robertson County Schools Family Resource and Education Center**

Address: 700 Bransford Drive, Room 300, Springfield, TN 37172

Phone: (615) 382-3609, (615) 487-9888, (615) 289-6945

Email: [teresa.leavitt@rcstn.net](mailto:teresa.leavitt@rcstn.net) ; [danielle.frazier@rcstn.net](mailto:danielle.frazier@rcstn.net); [jennifer.dusky@rcstn.net](mailto:jennifer.dusky@rcstn.net);  
[lisa.duncan@rcstn.net](mailto:lisa.duncan@rcstn.net)

Web: [www.rcstn.net](http://www.rcstn.net)

Contact: Teresa Leavitt, Supervisor of Student Services

Danielle Frazier, Family Resource Coordinator & Diversity Coordinator

Jennifer Dusky, Social Worker/Family Liaison

Lisa Duncan, Assistant

McKinney Vento, Assistant

Services: Helping remove all barriers that interfere with education achievement by linking students and families with necessary resources. The FRC also works to identify and assist homeless families in Robertson County.

Services available in English and Spanish.

Hours: School Year: 7:30 AM – 3:00 PM Monday-Friday (or by appointment as needed)

### **Stokes Brown Public Library**

Address: 405 White Street, Springfield, TN 37172

Phone: (615) 384-5123

Email: [sbplcustomerservice@gmail.com](mailto:sbplcustomerservice@gmail.com)

Web: <http://www.youseemore.com/springfieldpl/>

Hours: Monday, Wednesday, Friday, 9:00 a.m. – 5:00 p.m.

Tuesday, Thursday, 9:00 a.m. – 8:00 p.m.

Saturday, 9:00 a.m. – 5:00 p.m.

Sunday, 2:30 p.m. – 5:00 p.m.

### **TN College of Applied Technology**

Address: 104 W 7th Ave, Springfield, TN 37172  
Email: Admissions: [admissions@tcatnashville.edu](mailto:admissions@tcatnashville.edu)  
Financial Aid: [financialaid@tcatnashville.edu](mailto:financialaid@tcatnashville.edu)  
Workforce Development: [workforce@tcatnashville.edu](mailto:workforce@tcatnashville.edu)  
Veterans Services: [veterans@tcatnashville.edu](mailto:veterans@tcatnashville.edu)  
Phone: (615) 425-5500  
Web: [tcatnashville.edu](http://tcatnashville.edu)

### **UT Extension Robertson County**

Address: 408 North Main Street, Springfield, TN 37172  
Phone: (615) 384-7936  
Web: [www.robertson.tennessee.edu](http://www.robertson.tennessee.edu)  
Contact: Lauren Patterson, County Director & Extension Agent/ Family and Consumer Sciences  
[lpatte20@utk.edu](mailto:lpatte20@utk.edu)  
Timmy Mann, Extension Agent/Agriculture [tmann1@utk.edu](mailto:tmann1@utk.edu)  
Lauren Balthrop, Extension Agent/4-H Youth Development, [lbalthr1@utk.edu](mailto:lbalthr1@utk.edu)  
Elizabeth Fletcher, Extension Agent/4-H Youth Development [eliggrav@utk.edu](mailto:eliggrav@utk.edu)  
Rachael Ragland, Program Assistant/ 4-H Youth Development, [reed45@utk.edu](mailto:reed45@utk.edu)  
Bob Ary, Program Assistant/Horticulture [bobary@utk.edu](mailto:bobary@utk.edu)  
Services: Education: 4-H youth development, family and consumer science including health, financial, and nutrition, agriculture and horticultural education/program. Family and community education club program, Master gardeners program.  
Fees: Many are free, some programs are fee-based  
Hours: Monday - Friday, 7:30 a.m. - 4:30 p.m.

### **Volunteer State Community College at Highland Crest**

Address: 150 Laureate Ave, Springfield, TN 37172  
Phone: (615) 433-7030  
Web: <https://www.volstate.edu/springfield> and  
<https://www.volstate.edu/admissions/apply>  
Contact: Dr. Meredith Young, Site Director  
Email: [Springfield.Campus@volstate.edu](mailto:Springfield.Campus@volstate.edu)  
Services: College classes close to home! Vol State at Highland Crest offers higher education coursework that apply to many different Vol State degree paths and classes that can also transfer to area universities. Classes are offered in the daytime, evening, and online for more flexibility. Tuition-free opportunities for those that qualify for TN Promise or TN Reconnect.  
Business hours: Monday - Friday, 7:30 a.m. - 4:30 p.m.

## **Employment**

### **American Job Center - Workforce Essentials, Inc.**

Address: 299 10<sup>th</sup> Ave. East, Springfield, TN 37172  
Phone: (615) 384-1097  
Web: [www.workforceessentials.com](http://www.workforceessentials.com)  
Services: Employment and job training services, career readiness certification, free high school equivalency diploma courses and HiSET, drug testing, driver's education, and paternity test. Federally funded programs available.

Fees: See website for more information  
Hours: Monday - Friday, 8:00 a.m. – 4:30 p.m.

### **Goodwill Career Solutions**

Address: 2008 Memorial Blvd., Springfield TN 37172  
Phone: (615) 254-1893  
Web: <https://giveit2goodwill.org/careersolutions/>  
Services: Free job training, placement services, and employment assistance.

### **Skill Up Tennessee (UT Extension)**

Address: 315 John Rice Blvd, Murfreesboro, TN 37219  
Phone: (615) 900-5602  
Contact: Melissa Dobbins, Career Navigator  
Email: [mdobbin2@utk.edu](mailto:mdobbin2@utk.edu)  
Web: [skillup.tennessee.edu](http://skillup.tennessee.edu)  
Services: work readiness training, career navigation, support services, individual assessment

### **TN Department of Labor/Workforce Development**

Address: 220 French Landing Drive, Nashville, TN 37243  
Phone: (844) 224-5818  
Web: [www.tn.gov/workforce](http://www.tn.gov/workforce)  
Services: Serves as a one-stop career center to deliver workforce services across the state of Tennessee. Assists areas within Tennessee that may lack access to workforce related services. Individuals can also find information related to unemployment, workers' compensation, adult education classes, and more.  
Fees: See website for more information  
Hours: Monday - Friday, 8:00 a.m. - 4:30 p.m.

## **Financial**

### **Access Internet from AT&T**

Phone: (800) 288-2020  
Web: <https://www.att.com/internet/access/>  
Services: Affordable low-income internet access via the Affordable Connectivity Program. Allows qualified households to lower their internet or wireless costs. Qualify via income or participation in the National School Lunch or Head Start programs, you can apply online. Must select SNAP as the qualifying program and provide proof of eligibility for income or program.  
Fees: Costs may be anywhere from \$10 - \$30 per month (plus tax) depending on the individual's eligibility and internet speeds in that area.

**Child Support Division – 19<sup>th</sup> Judicial District**

Address: 402 Central Ave East, Springfield, TN 37172  
Phone: (615) 382-2433 - Office  
(615) 838-6911 - Customer service  
(615) 253-4394 - Customer service  
Web: [www.tn.gov](http://www.tn.gov)  
Services: Child support collections  
Hours: Monday - Friday, 8:00 a.m. - 4:30 p.m.

**C.O.P.E. - Cooperative Outreach for Personal Emergencies**

Address: 810 South Main Street, Springfield, TN 37172  
Phone: (615) 384-1465  
Email: [hannabasswalt@gmail.com](mailto:hannabasswalt@gmail.com)  
Contact: JoAnne Cyprus, Director; Walt Hannabass, Treasurer  
Services: Assist with payment of rent, utilities and prescriptions. By appointment only.  
Hours: Tuesday - Saturday, 10:00 a.m. - 3:00 p.m.

**Hope Center**

Address: 1115 Highway 76, White House, TN 37188  
Phone: (615) 672-0298  
Contact: Troy Russell (Executive Director of Hope Ministries)  
Patricia Robinson (Director of Hope Center)  
Services: Thrift store, benevolence for emergency situations, and help with utilities.  
Hours: Monday, Tuesday, Thursday, and Friday, 9:00 a.m. to 4:00 p.m.  
Saturday, 9:00 a.m. to 3:00 p.m.  
Other: Serves within a 4-mile radius of White House City Limits.

**Internet Essentials from Comcast**

Phone: 1-855-8-Internet  
Web: [internetessentials.com](http://internetessentials.com)  
Services: Affordable, high speed internet; eligibility-Individuals must qualify for programs like the National School Lunch Program, Housing Assistance, Medicaid, SNAP, SSI, and others; Must live in an area where Comcast Internet service is available.  
Have not had Comcast Internet within the last 90 days.  
Cannot have outstanding debt with Comcast that is more than 1 year old.  
Fees: Free, the program pays \$9.95 per month plus tax for qualifying individuals.

**Mid-Cumberland Community Action Agency**

Address: 505 Hill Street, Springfield, TN 37172  
Phone: (615) 384-1086  
Web: [www.midcumberland.org](http://www.midcumberland.org)  
Services: Community Connections; Nutritional Services; Elderly, Disabled, and Veterans Services Program; Emergency Services; Family & Individual Advocacy/Case Management, Head

Start, Nutritional Services, Utility Assistance (Low-Income Home Energy Assistance Program, LIHEAP); and Weatherization Assistance Program.

Fees: None

Hours: Monday - Thursday, 8:00 a.m. – 4:30 p.m.

### **Salvation Army**

Address: 413 Lakeshore Drive, Springfield, TN 37172

Phone: (615) 310-2242

Email: [sherrymartell10@gmail.com](mailto:sherrymartell10@gmail.com)

Contact: Sherry Martell

Services: Financial assistance available.

## **Food**

**Blessing Boxes** (These are boxes containing nonperishable food items and other items maintained by the community and/or churches.) Individuals can take items with no questions asked. Boxes are not monitored.

### **Cedar Hill**

- Cedar Hill City Hall and Museum, located at 290 South Main St, Cedar Hill, TN 37032

### **Greenbrier**

- Greenbrier Realty, located at 2345 HWY 41 S, Greenbrier, TN 37073

### **Orlinda**

- Pleasant Hill Baptist Church, 3049 Pleasant Hill Church Rd, Orlinda, TN 37141

### **Ridgetop**

- First Baptist Church Ridgetop, 1757 US-41, Ridgetop, TN 37152

### **Springfield**

- Open Door Pregnancy Center, 1109 S Main St, Springfield, TN 37172
- New Chapel United Methodist Church, 5016 Highway 49 W, Springfield, TN 37172
- Springfield First United Methodist Church, blessing box is located across the street from the front entrance of the church, 511 S Oak Street, Springfield, TN 37172
- My Father's House, 101 10th Ave E, Springfield, TN 37172
- Church of God, 1701 Leota Street, Springfield, TN 37172

### **White House**

- Cherry Mound Baptist Church, located at 4168 US-31W, Cottontown, TN 37048
- Revolution Church, located at 3644 US-31W, White House, TN 37188
- White House First Baptist Church, 2800 Hwy 31W, White House, TN 37188
- Portland Road Church of Christ, located at 225 Portland Rd, White House, TN 37188
- (Next to) Choice Auto, 2836 Hwy 31W, White House, TN 37188

### **Bethlehem Baptist Church - Drive by Pantry**

Address: 5081 Bethlehem Road, Springfield, TN 37172

Please drive up to Building A from the Hwy 76 entrance.

Phone: (615) 643-0333

Services: Food pantry, must show proof of residence and provide a SSN for each resident.

Fees: None

Hours: Wednesday, 11:00 a.m. - 1:00 p.m.

### **First Seventh Day Adventist Church**

Address: 3263 Tom Austin Highway, Springfield, TN 37172

Phone: (615) 384-4077

Services: Food pantry, food drive every 4th Saturday of the month at 1:30 pm

Other: Call and leave a message

### **Hope Food Bank**

Address: 212 Portland Road, White House, TN 37188

Phone: (615) 672-8006

Email: [hopefoodbank1@att.net](mailto:hopefoodbank1@att.net)

Contact: Pastor Troy Russell

Services: Food supply for elderly, shut-ins, and emergency situations

Hours: Tuesday – Friday, 9:00 a.m. - 1:00 p.m.

Other: Serves White House City Limits ONLY.

### **Mid-Cumberland Community Action Agency**

Address: 505 Hill Street, Springfield, TN 37172

Phone: 615-742-1113 ext. 7400

Web: [www.midcumberland.org](http://www.midcumberland.org)

Community Connections; Food Pantry/Personal Hygiene Services; Emergency Services; Family & Individual Advocacy/Case Management, Head Start, Water Bill Assistance (LIHEAP), Utility Assistance (Low-Income Home Energy Assistance Program, LIHEAP); Weatherization Assistance Program.

Fees: None

Hours: Monday - Friday, 8:00 am - 4:00 pm

### **Mid-Cumberland Human Resource Agency - Meals on Wheels**

Address: Springfield, TN 37172

Phone: (615) 382-7287 local office

Email: [smcdaniel@mchra.com](mailto:smcdaniel@mchra.com)

Web: <http://www.mchra.com/meals-on-wheels/>

Contact: Sharon McDaniel

Services: Provides meals to individuals 60+ years old who are homebound or meet the needs eligibility determined by state guidelines. Meals are delivered to the individual's home. Outreach, nutrition education, and support services are also provided.

Fees: None but donations are welcomed

### **Mt Carmel Baptist Church (Ministry HelpLine)**

Phone: (615) 654-3846 (available by phone Monday - Thursday, 9:00 a.m. - 4:00 p.m.)

Services: Offers "Stone Soup" meal delivery for shut-ins and offers the "Care and Share Closet" for families and individuals in need.

Volunteer: Care and Share food needs: The Care and Share ministry helps to provide groceries and toiletries to families in our community that need extra support. Currently we serve about a dozen

families. We expect that number to drastically increase as the needs increase in the coming weeks. There are three major ways to support the Care and Share Pantry:

1. Donate items such as canned goods, pastas, instant meals, or toiletries.
2. Volunteer by preparing boxes at the church to be picked up.
3. Volunteer to deliver or hand out boxes on Mondays, Wednesdays, or Thursdays.

#### **Ridgetop Seventh-Day Adventists Community Services**

Address: 104 King Street, Ridgetop, TN 37152  
Phone: (615) 859-3651  
Web: [www.ridgetopsda.com](http://www.ridgetopsda.com)  
Contact: Pastor William Little  
Services: Collects and distributes food and clean clothes  
Fees: Donations Only  
Hours: Tuesday, 9:00 a.m. – 11:00 a.m.

#### **The Master's Table**

Address: 619 B Central Ave. West, Springfield, TN 37172  
Phone: (615) 384-4480 (kitchen)  
(615) 430-2294 (mobile)  
Contact: Pastor Robert Gardner and/or Deacon Carlos Lynch  
Services: Free soup kitchen – open to anyone. Also has food boxes for distribution.  
Ministry of City of Faith Church International  
Fees: None  
Hours: Monday - Friday, 10:00 a.m. - 11:00 a.m.

#### **The Storehouse Ministry**

Address: 109B North Cedar Street, Cross Plains, TN 37049  
Phone: (615) 686-3448  
Email: [thestorehouse615@gmail.com](mailto:thestorehouse615@gmail.com)  
Web: <https://www.facebook.com/thestorehouse615>  
Services: Food pantry serving Cross Plains, Orlinda and eastern Robertson County  
Hours: Monday 9:00 am - 4:00 pm

#### **TNKids Nutrition**



Address: 1006 Pepper Street, Springfield, TN 37172-3146  
Phone: (615) 973-7050  
Email: [TNKids@TNKids.org](mailto:TNKids@TNKids.org)  
Web: <https://www.tnkids.org/>  
Contact: Donny King, Director or  
Melody Callis, Assistant Executive Director at [Melody.callis@TNKids.org](mailto:Melody.callis@TNKids.org)  
615-756-8085  
Services: Providing snacks and meals to at-risk children in after-school enrichment programs, delivering food through backpack programs, and providing meals when school is not in session. This program is partially federally funded. All programs offered: CACFP Home Sponsor; Summer Food Service Program; Backpack Attack Program; After School At-Risk Snack Program.

### **United Ministries Food Bank**

Address: 808 South Main Street, Springfield, TN 37172  
Phone: (615) 384-8306  
Web: <https://www.facebook.com/UnitedMinistriesFoodBank>  
Email: [sherrymartell10@gmail.com](mailto:sherrymartell10@gmail.com)  
Contact: Sherry Martell, (615) 310-2242  
Services: Help families and single individuals with food needs in Robertson County. Must bring a driver's license and/or photo ID. Also offers two commodity distributions per year, typically Spring and Fall.  
Hours: Monday - Thursday, 10:00 a.m. – 1:30 p.m.

## **Healthcare**

### **A Step Ahead Middle Tennessee**

Service Area: Bedford, Cannon, Cheatham, Davidson, Dekalb, Dickson, Giles, Hickman, Houston, Humphreys, Lawrence, Lewis, Lincoln, Macon, Marshall, Maury, Montgomery, Moore, Perry, Putnam, Robertson, Rutherford, Smith, Stewart, Sumner, Trousdale, Wayne, Williamson, and Wilson.  
Phone: (615) 671-7837 (STEP)  
Web: <https://www.astepeaheadmiddletn.org/>  
Services: Promotes awareness and provides access to free, long-acting reversible contraception (LARC). Services available for insured and uninsured female clients aged 13+. Offers free, private transportation when needed to consultation for LARC, and will pay for well-woman exam, sexually transmitted infections testing, pregnancy testing, and PAP if needed.  
Hours: Call Center is open Monday - Friday, 8:00 a.m. - 5:00 p.m.

**Drug Take-back Boxes - Free:** Prescription drug take-back boxes provide a place where unused prescription drugs can be safely disposed of. These permanent boxes prevent prescription and over-the-counter medications from getting into the hands of children and into the waterways. For more information and additional locations throughout the state of Tennessee visit <https://tdeconline.tn.gov/rxtakeback/>. In Robertson County there are 4 locations:

- Robertson County Sheriff's Office, 507 S. Brown Street, Springfield. Open hours: Monday-Friday 8:00am-4:30pm
- Robertson County Detention Facility, Public Entrance, 311 5th Avenue E, Springfield. Open hours: 24/7
- Greenbrier Police Department, 790 W. College Street, Greenbrier. Open hours: Monday-Friday 8:00am-4:00pm
- Cross Plains Police Department, 7622 State Route, Cross Plains. Open Hours: Monday, Tuesday, Thursday, Friday 8:00am-4:00pm.

Other nearby locations:

- Millersville Police Department, 1246 Louisville Highway, Goodlettsville. Open Hours: Monday-Friday 8:00am-4:00pm
- Pleasant View, 1008 Civic Court, Pleasant View, Open Hours: Monday-Friday 8:00am-4:30pm
- White House, 303 North Palmers Chapel, White House. Open Hours: Monday-Thurs 7:15am-5:15pm

### **NAMI (National Alliance on Mental Illness) - ROBERTSON COUNTY GROUP**

Address: PO Box 1457, Springfield, TN 37172  
 Contact: Amy Lawrence  
 Phone: 615-669-2599  
 Email: [nami4robertsoncounty@gmail.com](mailto:nami4robertsoncounty@gmail.com)  
 Services: Provides advocacy, education, support and public awareness so that individuals and Families affected by mental illness can build better lives.  
 Schedule: Monday: Third Monday of each month at 6:00  
 Tuesday: Second Tuesday of each month at 1:00 pm at the Stokes Brown Library  
 Thursday: Second Thursday of each month at 6:30 pm; register at [nami4robertsoncounty@gmail.com](mailto:nami4robertsoncounty@gmail.com)

### **Nashville CARES - Springfield location**

Address: 200 Northcrest Drive, Suite 200, Springfield, TN 37172  
 Phone: (800) 845-4266  
 Website: <https://www.nashvillecares.org/>  
 Services: free HIV/HCV testing, PrEP Now, harm reduction information and free access to Narcan, Kloxxado, and Fentanyl test strips

### **NorthCrest Medical Center**

Address: 100 NorthCrest Drive, Springfield, TN 37172  
 Phone: 615-384-2411  
 Email: [info@northcrest.com](mailto:info@northcrest.com)  
 Web: [www.northcrest.com](http://www.northcrest.com)  
 Services: Healthcare including emergency medicine (ER), clinical laboratory testing, medical imaging, inpatient medical-surgical and critical care, sleep diagnostics, surgery, cardiopulmonary rehabilitation, cardiac rehabilitation, cardiovascular (cath) lab, labor and delivery, lymphedema therapy, speech therapy, and wound care. NorthCrest also offers educational classes and resources to the community.  
 Hours: 24/7 – Some services are open normal business hours.

### **Nurses for Newborns**

Address: 1606 Porter Rd. Suite 200, Nashville, TN 37206  
Phone: 615-313-9989  
Fax: 615-313-9979  
Web: [www.nursesfornewborns.org](http://www.nursesfornewborns.org)  
Services: Nurses for Newborns provide in-home visits to at risk infants at no cost to the families. The Registered nurses provide healthcare, education and positive parenting skills to families with medically fragile infants, teen moms, and caregivers with cognitive disabilities or mental health concerns such as anxiety, depression and substance abuse. The mission is to prevent infant mortality, child abuse and neglect. Referrals can be made by visiting the website and choosing Services -> Refer a new Client.  
Hours: 8:30 am – 4:30 pm M-F

### **Robertson County Comprehensive Care Clinic – HIV Clinic**

Address: 800 South Brown St, Springfield, TN 37172  
Phone: 615-382-3108  
Contact: Ashley Alexander, RN, BSN, MPH; HIV Coordinator/Medical Case Manager  
P: 615-382-3108  
F: 615-382-3110  
E: [ashley.alexander@tn.gov](mailto:ashley.alexander@tn.gov)  
  
Susan Thurman, RN, BSN  
P: 615-382-3108  
F: 615-382-3110  
E: [susan.thurman@tn.gov](mailto:susan.thurman@tn.gov)  
Services: Newly diagnosed, new to the area or returning to care? The Robertson County Comprehensive Care Clinic provides treatment and resources Clinical treatment, medication coverage, assistance obtaining insurance if qualified, helps with co-pays and deductible for those with insurance. PREP for partners, dental program, and eye care program.  
Hours: New clients taken any day. Clinic days: Monday and Thursday

### **Robertson County Health Department**

Address: 800 South Brown Street, Springfield, TN 37172  
Phone: 615-384-4504  
Contact: Rachel Ellis, Director  
Email: [rachel.f.ellis@tn.gov](mailto:rachel.f.ellis@tn.gov)  
Services: Healthcare including health education, immunization, primary care, family planning, sexual transmitted disease control, WIC, nutrition, child dental program, tuberculosis control, CHANT, vital records, general environmental health.(CHANT) provides enhanced patient -center engagement , navigation of medical and social services, referrals, and impact pregnancy, child and maternal health outcomes  
Hours: 8:00 am – 4:30 pm M-F  
Fee: Sliding scale

### **Robertson county WIC (Women's, Infants and Children) Child Supplemental Nutrition Clinic**

Address: 800 South Brown Street, Springfield, TN 37172

Phone: 615-384-4504

Contact: Jaimie Block (WIC Supervisor)

Email: [Jaimie.block@tn.gov](mailto:Jaimie.block@tn.gov)

Services Offered: Supplemental Nutrition, Immunization's, Nutrition, Child Fluoride, BAM (Baby and Me tobacco Free Program)

Hours: 8:00 am-4:30 pm M-F

Fee: Sliding Scale for Healthcare

Income Eligibility for Supplemental Nutrition Program

### **Robertson County Health Department - DENTAL CLINIC**

Address: 800 South Brown Street, Springfield, TN 37172

Phone: 615-384-4504

Contact: Rachel Ellis, Director

Email: [rachel.f.ellis@tn.gov](mailto:rachel.f.ellis@tn.gov)

Services:

Hours: 8:00 am – 4:30 pm M-F

Fee: Sliding scale

### **SMILE ON 65 - Available through InterFaith Dental**

Phone: 615-329-4790

Web: <https://interfaithdental.com/smile-on-60/>

Services: Preventive, emergent and basic restoration procedures and dentures covered, transportation assistance and case management for seniors age 60+. SMILE ON 65 is a statewide initiative with the goal of improving the overall health of low-income, mobile seniors age 65 through access to oral healthcare services and community education. All preventive, emergent, and basic restorative procedures and dentures are covered Education workshops are at no charge, and all attendants receive free oral hygiene kits Transportation assistance in the form of travel vouchers are available based on need Case Management, through Community Dental Health Coordinators (CDHCs) , is available to help seniors navigate available services and eliminate barriers to treatment

Eligibility: The client must be a minimum of 65 years old; be a Tennessee resident; have an income level below 200% poverty, and be dentally uninsured.

Fee: Income based.

## **Housing**

### **Greater Faith Community Action Corporation**

Address: PO Box 215, Springfield, TN 37172

Phone: 615-384-3730 - church

615-420-8860 – Peggy Gardner

Web: <http://gfcaction.com/>

Contact: Robert Gardner, President – 615-430-2294

Services: Provides: Recovery Assessments, Case Management, Drug Testing, Recovery Skills, Relapse Prevention, Spiritual/Pastoral Support, Transitional Housing, and transportation.

Fees: See website for more information

Hours: 8:00 am – 5:00 pm M-F

### **Green Ridge Apartments**

Address: 2055 Hwy 41 South, Greenbrier, TN 37073

Phone: 615-643-0320

Email: [greenridge@hayescompanies.com](mailto:greenridge@hayescompanies.com)

Services: Income Based Apartments

Hours: By appointment only

### **Holiday House Apartments**

Address: 400 22<sup>nd</sup> Ave. East, Springfield, TN 37172

Phone: 615-384-5665

Email: [holidayhousespringfield@rhimgmt.com](mailto:holidayhousespringfield@rhimgmt.com)

Web: <https://www.rhimgmt.com/springfield-tn>

Services: Holiday House of Springfield is an Independent Living Community for Elderly (62+) and/or Persons with Disabilities. The building is comprised of 60 one Bedroom Apartments fully equipped kitchen. The laundry facilities and salon are located on the second floor. Resident manager onsite.

Hours: 8:00 AM – 1:00 PM Mon - Thurs.

Area Served: Robertson County

Other: Activity room.

Fees: Based on income.

### **McKendree Arbors**

Address: 1103 5<sup>th</sup> Ave, West, Springfield, TN 37172

Phone: 615-212-0700

Web:

<https://www.nationalchurchresidences.org/communities/mckendree-arbors-at-springfield/>

Services: McKendree Arbors at Springfield offers an affordable rental community for seniors age 62+. Handicap accessible community offers one-bedroom floor plans with many amenities offered.

Fees: Income based.

### **Morningside of Springfield**

Address: 205 Westgate Drive, Springfield, TN 37172

Phone: 615-384-7369

Email: [sdwilliams2@5ssl.com](mailto:sdwilliams2@5ssl.com)

Web: [www.fivestarseniorliving.com](http://www.fivestarseniorliving.com)

Contact: Shannon Williams

Services: Assisted and independent living

Hours: 8:00 am – 5:00 pm M-F

**My Father's House – Cold Weather Shelter**

Phone: 615-992-1547

Location: 101 10th Avenue E., Springfield, TN 37172

Email: [mfhrobco@gmail.com](mailto:mfhrobco@gmail.com)

Contact: Steve Phillips

Services: Nightly Shelter is open from November-March

Fees: None.

**Springfield Heights**

Address: 2540 South Main Street, Springfield, TN 37172

Phone: 615-212-0300

Email: [springfield@americareusa.net](mailto:springfield@americareusa.net)

Contact: Stacey Moore, Administrator

Services: Assisted living

Hours: 8:00 am – 5:00 pm M-F

**Springfield Housing Authority**

Address: 808 Rose Hill Circle, Springfield, TN 37172

Phone: (615) 384-4591

Services: Public Housing, Emergency Shelter not provided. Applications required.

Hours: 9:00 am – 4:00 pm M-F

**Woodland Street Apartments**

Address: 415 22<sup>ND</sup> Ave. East, Springfield, TN 37172

Phone: 615-384-8898

Email: [woodland@hayescompany.com](mailto:woodland@hayescompany.com)

Contact: Darlene Williams, Property Manager

Services: Income Based Apartments

Hours: 9:00 am – 3:00 pm M-Tu

Hours: 11:00 am – 5:00 pm W-Th

## Human Services

### Robertson County Health Department - CHANT Program

Address: 800 S. Brown Street, Springfield, TN 37172  
Phone: 615-384-4504  
Web: <https://www.tn.gov/health/health-program-areas/mch-cyshcn/chant/about-chant.html>  
Contacts: Rachel Ellis, Director - [rachel.f.ellis@tn.gov](mailto:rachel.f.ellis@tn.gov)  
Services: CHANT stands for Community Health Access & Navigation in TN. CHANT is an integrated model of care coordination through the local health department. The program provides enhanced patient-centered engagement, assistance with navigating complex systems, and care coordination of medical and social service needs. Families and individuals are connected to available resources. Individuals eligible include: pregnant and postpartum adolescents and women, children (birth to 21 years), and children and youth with Special Healthcare Needs (birth to 21).

### Open Door Pregnancy Center

Address: 1109 S Main St. Springfield, TN 37172  
Mailing address: P.O. Box 117, Springfield, TN 37172  
Phone: 615-384-4673  
Email: [opendoorpc@gmail.com](mailto:opendoorpc@gmail.com)  
Web: [www.615-384hope.com](http://www.615-384hope.com)  
Contact: Shawn Elmore, Executive Director  
Services: Crisis pregnancy resource center providing resources and parenting education – including Court/DCS.  
Fees: None. Services are free and confidential.  
Hours: Monday/Tuesday: 10:00 am – 6:00 pm, Wednesday: Closed, Thursday: 10:00 am – 4:00 pm, Friday: 10:00 am – 2:00 pm, Saturday/Sunday: Closed  
Other: Donation funded/nonprofit. Offers baby products and parenting classes.

### Tennessee Department of Human Services

Address: 809 S. Mabel Street, Springfield, TN 37172  
Phone: 615-382-2402  
Web: [www.tn.gov/humanserv](http://www.tn.gov/humanserv)  
Services: Adult protection services, Blind and Visually Impaired Services, Child Care Services, Families First, Supplemental Nutrition Assistance Program (formerly known as Food Stamps), Vocational Rehabilitation  
Hours: 8:00 am – 4:30 pm M-F  
Fee: None  
Other: Referrals to additional services are made through several of our programs and include contracted services with other agencies, such as Family and Children services, Workforce Essentials and the Tennessee Technology Centers. We also informally provide information and referral to appropriate community agencies which may offer assistance to our clients.

### TNKids Nutrition

Address: 1006 Pepper Street, Springfield, TN 37172  
Phone: 615-973-7050  
Email: [TNKIDS@TNKids.org](mailto:TNKIDS@TNKids.org)  
Web: <https://www.tnkids.org/>  
Contact: Donny King, Director  
Melody Callis, Assistant Director  
Services: Providing snacks and meals to at-risk children in after-school enrichment programs, delivering food through backpack programs, and providing meals when school is not in session. This program is partially federally funded. All programs offered: CACFP Home Sponsor; Summer Food Service Program; Backpack Attack Program; After School At-Risk Snack Program.

### **Connecting Forward**

Phone: (615) 321-2594 for FCS, (615) 254-10893 for Goodwill  
Email: [connectingforward@fcsnashville.org](mailto:connectingforward@fcsnashville.org) or [Kristen.Baker@givegw.org](mailto:Kristen.Baker@givegw.org)  
Services: Helps low-income families achieve economic independence and family stability. Services available include counseling and case management via Family and Children's Services, transportation with HYTCH Rewards, employment support via Goodwill, and educational support via TN Voices.  
Additional information can be found at  
<https://www.tn.gov/content/dam/tn/human-services/documents/FFCAB%20Connecting%20Forward%20Presentation%207-20-23.pdf>.

### **Family Focused Solutions (Family and Children's Services)**

Crisis Phone: (615) 244-7444  
Contact: Carolyn Parker  
Email: [Carolyn.parker@tn.gov](mailto:Carolyn.parker@tn.gov)  
Website: <http://www.fcsnashville.org/programs/counseling>  
Services: FFS Life Coaches assist families receiving TANF (Temporary Assistance for Needy Families) benefits who experience barriers to employment and self-sufficiency. Participants address mental health, domestic violence, alcohol and drug addiction, learning disabilities, parenting needs, and health issues. F&CS operates FFS programs in 26 Middle Tennessee counties.  
Fee: None for those receiving TANF (see above)

### **Laundry Love**

Phone: (615) 780-2511  
Email: [laundrylovespringfieldtn@gmail.com](mailto:laundrylovespringfieldtn@gmail.com)  
Services: Free laundry service for those in need provided by community volunteers and sponsors.  
When: Held every third Friday of the month, first loads in at 8:00am last loads in at 11:00am.  
Location: Sister's Coin Laundry, 2104 Memorial Blvd., Springfield, TN (in the Big Lots/Belk Plaza)

## **Law Enforcement**

### **Coopertown Police Department**

Address: 2525 Burgess Gower Rd, Springfield, TN 37172  
Phone: Central Dispatch – 615-384-4911 Office 615-382-7007  
Website: [http://www.coopertowntn.org/Police\\_Department/](http://www.coopertowntn.org/Police_Department/)  
Services: Law enforcement, crime prevention, community safety



Area Served: Coopertown City Limits

### **Cross Plains Police Department**

Address: 7622 Hwy 25 East, Cross Plains, TN 37049

Phone: 615-654-2555

Services: Law enforcement, crime prevention, community safety

Area Served: Cross Plains City Limits

### **Greenbrier Police Department**

Address: 790 West College St., Greenbrier, TN 37073

Phone: 615-643-4467

Contact: Dispatcher – 615-384-4911

Services: Law enforcement, crime prevention, community safety

Hours: 24/7

Website: <http://greenbriertn.org/police/police.html>

Area Served: Greenbrier City Limits

### **Millersville Police Department**

Address: 1246 Louisville Hwy, Millersville, TN 37072

Phone: 615-859-2758 or 615-636-4035

Email: [policechief@cityofmillersville.com](mailto:policechief@cityofmillersville.com)

Services: Law enforcement, crime prevention, community safety

Hours: 24/7

Website: <http://www.cityofmillersville.com/departments/index.php?structureid=21>

Area served: Millersville City Limits

### **Robertson County Sheriff's Office**

Address: 507 South Brown Street, Springfield, TN 37172

Phone: 615-384-7971

Web: [www.robertsonsheriff.com](http://www.robertsonsheriff.com)

Contact: Dispatchers – 615-384-4911

Services: Law enforcement, corrections, and court security

Hours: 24/7

Area Served: Robertson County

### **Springfield Police Department**

Address: 802 South Willow Street, Springfield, TN 37172

Phone: 615-384-8422

Emergency dial 911

Web: [www.springfield-tn.org](http://www.springfield-tn.org)

Contact: Dispatchers – 615-384-4911

Services: Law enforcement

Hours: 24/7

Area Served: Springfield City Limits

### **White House Police Department**

Address: 303 N. Palmers Chapel Rd., White House, TN 37188

Phone: For all emergencies, dial 911  
For non-emergency police service, call (615) 384-4911  
For administrative offices, call (615) 672-4903  
Web: <https://www.whitehousetn.gov/departments/police-department>  
Services: Law enforcement; Services available during Administrative hours (7:15a-5:15p):  
Fingerprinting, Requesting Reports from the Records Division, Purchasing of Reports,  
Prescription Drug-Take Back  
Hours: 24/7  
Area Served: White House City Limits

## Legal

### District Attorney Office

Address: 502 South Main Street, Springfield, TN 37172  
Phone: 615-382-2422  
Web: [www.tndagc.org](http://www.tndagc.org)  
Hours: 8:00 AM – 4:30 PM M-F  
Fees: Court Costs  
Other: Victim witness coordinator for domestic violence

### Legal Aid Society

Address: 109 South Third Street Clarksville, TN 37040  
Phone: 931-552-6656  
Web: [www.las.org](http://www.las.org)  
Services: Legal assistance to people with low incomes  
Hours: 8:30 AM – 4:00 PM Monday – Friday  
Area Served: Robertson & Montgomery County  
Fees: none, income based  
Other: Employment, Family Violence, Housing, Health and Benefits cases, no criminal cases

### Robertson County Community Corrections

Address: 112 7<sup>th</sup> Ave. West, Springfield, TN 37172  
Phone: 615-384-7667  
Services: Manage cases assigned by court  
Hours: 8:00 AM – 4:00 PM Monday – Friday  
Area Served: Robertson County

#### **Also See:**

#### **[Children Services:](#)**

#### **CASA**

***Morriss-Gregory Robertson County Child Advocacy Center***

***Robertson County Juvenile Court***

## Mental Health Services

988 Suicide and Crisis Lifeline

Phone: 988  
Web: <https://988lifeline.org>  
Services: The 988 Lifeline provides free confidential support 24/7 for people in distress, including prevention and resources for you or your loved ones as well as best practices for professionals in the United States. Provides services in Spanish as well as for those in the deaf and hard of hearing community. Individuals can call, text, or chat 988.

**Anne Marie Bryant, LPC-MHSP**

Phone: 615-777-3938  
Email: [amarbryant937@gmail.com](mailto:amarbryant937@gmail.com)  
Services: To treat anxiety, depression, relationship problems, trauma and stress. Counseling available for all ages and will treat individuals, couples, and families. Virtual office and video counseling sessions only  
Fees: Accepts various insurance companies including TennCare, provides online/video counseling sessions (HIPPA compliant). Here to assist others in locating a way to start virtual counseling sessions.

**Camelot Care Centers of Clarksville**

Address: 2233 Stokes Road, Suite A, Clarksville, TN 37043  
Phone: 931-304-2555  
Web: [www.thecamelotdifference.com](http://www.thecamelotdifference.com)  
Services: Offers home based services such as CCFT (Continuous Child and Family Treatment). Counselors come to the home several times a week to work with both children and their families. Counseling centers around; emotional or behavior problems, mental health issues, parenting skills, aggression or anger management, grief counseling, trauma or abuse counseling, and substance abuse. Case Management services are also available to assist with locating resources in the community. Seven Challenges Substance Abuse Program is offered to adolescents and young adults who are substance using or substance dependent individuals.  
Fees: see website for more information  
Hours: 8:30 am – 5:00 pm M-F

**Center of Hope for Behavioral Health**

Address: 803 Meadowlark Ln, Goodlettsville, TN 37072  
Phone: 615-756-4898  
Email: [info@centerofhopebh.org](mailto:info@centerofhopebh.org)  
Web: <https://centerofhopebh.org/>  
Services: individual, couple, family, child/adolescent, and group counseling, case management, substance abuse services, and housing

**Centerstone**

Address: 713 Cheatham Street, Springfield, TN 37172  
Phone: 615-463-6200 Initial appts: 877-467-3123 Crisis Hotline 1-800-681-7444  
Web: [www.centerstone.org](http://www.centerstone.org)

Services: Community mental health agency that provides case management, intensive in-home services, school-based counseling, counseling services, and medication management.  
Fees: see website for more information  
Hours: 8:00 a.m. – 4:00 p.m., Monday - Friday (7:30 a.m. by appointment only)

#### **Family & Children's Services - Connecting Forward (Mental Health Component)**

Address: Goodwill Career Solutions, 2008 Memorial Blvd., Springfield, TN 37172  
Contact: Latoya Kennedy  
Phone: (615) 866-0785  
Website: <https://www.fcsnashville.org/connecting-forward/>  
Services: Provides mental health treatment (therapy) and support to individuals enrolled.  
Fees: Free if individuals meet eligibility requirements.  
Hours: 8:00 a.m. - 4:00 p.m. Monday - Friday

#### **Family & Children's Services - Get Covered Tennessee**

Phone: 866-475-7879  
Contact: Aram Khoshnaw, Senior Director of Healthcare Access Services  
Email: [enroll@fcsnashville.org](mailto:enroll@fcsnashville.org)  
Website: <https://getcoveredtenn.org/>  
Services: Get Covered Tennessee is a state-wide Navigator program led by Family & Children's Services to help Tennesseans find quality healthcare through the Marketplace, Medicaid (TennCare), Children's Health Insurance Program (CoverKids), and community-based healthcare services. Provides free, unbiased, one-to-one assistance to help people understand their health care options and sign up for health insurance coverage.  
Fee: FREE

#### **Family & Children's Services - Health Assist Program**

Contact: Aram Khoshnaw, Senior Director of Healthcare Access Services  
Phone: (615) 313-9972  
Email: [akhoshnaw@fcsnashville.org](mailto:akhoshnaw@fcsnashville.org)  
Website: <https://www.fcsnashville.org/health-care-access-services/>  
Services: Provides under and uninsured Tennesseans with information and referral to low cost and no-cost, community-based health care resources (including medical, dental, vision, prescription, mental health, and other resources).  
Fee: FREE

#### **Family & Children's Services - Relative Caregiver Program**

Program: Relative Caregiver Program  
Address: 2400 Clifton Avenue, Nashville, TN 37209  
Contact: Julie Flannery  
Phone: (615) 340-9725  
Email: [rcpreferral@fcsnashville.org](mailto:rcpreferral@fcsnashville.org)

Website:

<https://www.tn.gov/dcs/program-areas/prevention/relative-caregiver.html#:~:text=Eligibility%20include s%3A, reside%20in%20the%20caregiver%27s%20home.>

Services: Children and relative caregivers enrolled in the state program can receive supportive Services such as information and referrals, access to support groups, respite care, and family advocacy assistance. Individuals do not receive a monthly stipend through Program.

Fees: Free if individuals meet eligibility requirements.

### **Hazel House Holistic Healing**

Address: 849 Wren Road, Goodlettsville, TN 37072

Phone: 615-499-3062

Email: [healing@hazelhouse.net](mailto:healing@hazelhouse.net)

Website: <https://hazelhouse.net>

Services: psychotherapy / counseling, holistic health coaching, neurofeedback, ketamine-assisted therapy, therapeutic nature experiences, retreats and intensives, and more!

Fees: Typically ranging from \$25 - \$200 per hour, but we are committed to increasing accessibility to therapy, and we never turn someone away simply because they cannot afford our standard fees

Hours: By appointment only, usually between 9:00 am and 7:00 pm, Monday through Friday

### **Health Connect America**

Address: 116B Merchants Blvd, Clarksville, TN 37040

Phone: 931-933-7200

Web: [www.healthconnectamerica.com](http://www.healthconnectamerica.com)

Contact: Desiree Griffin, Director

Services: In-Home Family Preservation, Intensive Outpatient Services, Outpatient Services, and health link services to families and children.

Fees: See website for more information

Hours: 9:00 AM – 5:00 PM Monday - Friday

### **Hermitage Hall**

Address: 1220 8<sup>th</sup> Ave South, Nashville, TN 37203

Phone: 615-742-3000

Web: [www.hermitagehall.com](http://www.hermitagehall.com)

Contact: Victoria Dinkins (Admissions Director)

[Victoria.Dinkins@uhsinc.com](mailto:Victoria.Dinkins@uhsinc.com)

Services: Hermitage Hall is a Residential Treatment Center specializing in serving children with histories of trauma, neglect, physical and sexual abuse and trauma-induced experiences.

**Janet Wisemark, LCSW - Clinical Social Work/Therapist**

Address: 406 N Main Street, Springfield, TN 37172  
(Located in the Morriss-Gregory Robertson County Child Advocacy Center)

Phone: 615-545-7888

Services: Specialties include depression, trauma, PTSD and child/adolescent counseling.

Fees: Accepts most insurance plans. Sliding scale for payment is available.

**KidLink Treatment Services**

Phone: 877-454-3703 or 800-726-4032

Email: [KTSreferral@uhsinc.com](mailto:KTSreferral@uhsinc.com)

Web: [www.kidlinknetwork.com](http://www.kidlinknetwork.com)

Services: Provides residential treatment for children and young people with mental and behavioral health issues in the state of Tennessee as well as outside of Tennessee. Facilities in Tennessee include: Cedar Grove Treatment Center (provides services for sexually reactive and sexually abusive males, ages 11 - 17), Hermitage Hall (provides services for youth ages 8 - 17 who are experiencing emotional and behavioral issues stemming from trauma, abuse, and sexual exploitation), Mountain Youth Academy (provides services for children and youth ages 5 - 17 who are in need of trauma-based psychiatric services), Natchez Trace Youth Academy (provides services for males ages 12 - 17), Oak Plains Academy (provides services for children and young people ages 5 - 17, specializes in neurodevelopmental and emotional disorders). Please visit KidLink website for additional referral information for facilities referenced.

**Mental Health America of the MidSouth**

Address: 446 Metroplex Drive, Suite A-224, Nashville, TN 37211

Phone: 615-269-5355

Web: [www.mhamidsouth.org](http://www.mhamidsouth.org)

Email: [forinfo@mhamt.org](mailto:forinfo@mhamt.org)

Services: This 75-year-old agency promotes mental health and wellness across Tennessee through education, advocacy, and service. Free programs include suicide prevention, dementia caregiver support, workplace wellness workshops, anti-bullying in schools, screenings, community education, and more.

**Mental Health Cooperative**

Address: 275 Cumberland Bend, Nashville, TN 37228

Phone: 615-726-3340

Web: [www.mhc-tn.org](http://www.mhc-tn.org)

Services: Specialized Child and Adolescent Services including Case Management, Child Psychiatry, and Counseling/Therapy. Substance Abuse evaluation and support, Intensive in-home services and specialized pharmacy are also available. Specialized Transitional Services: helping 16 to 21-year-old prepare for the future.

Fees: See website for more information

Hours: 8:00 AM – 4:30 PM M-F

**Mighty Oak Christian Mental Health Services**

Address: 2106 Park Plaza Drive, Springfield, TN 37172  
Phone: (615) 389-5589  
Web: <https://www.mightyoakmentalhealth.org/>  
Email: admin@mightyoakmentalhealth.org  
Services: Individual and Family therapy, prepare/enrich premarital/marital counseling, Licensure Supervision for those pursuing LPC-MHSP designation, mental health and suicide prevention trainings (Youth Mental Health First Aid, Adult Mental Health First Aid, QPR, and Building Strong Brains)

**NAMI (National Alliance on Mental Illness) - ROBERTSON COUNTY TN Affiliate**

Address: PO Box 1457, Springfield, TN 37172  
Contact: Amy Lawrence  
Phone: 615-669-2599  
Email: [nami4robertsoncounty@gmail.com](mailto:nami4robertsoncounty@gmail.com)  
Services: NAMI Robertson County TN provides advocacy, education, support and public awareness so that all individuals and families affected by mental illness can build better lives.

**TAADAS-TN Association of Alcohol, Alcohol and other Addiction**

**TCCY Ombudsman Program (For Children and Families)**

Contact: Cory Bradfield  
Phone: (615) 532-1589  
Email: [Cory.Bradfield@tn.gov](mailto:Cory.Bradfield@tn.gov)  
Web: <https://www.tn.gov/content/tn/tccy/programs0/ombuds.html>  
Services: An ombudsman is a person whose job is to work out problems between people and the government. Offers an external problem resolution mechanism for children in the custody of the Department of Children Services (DCS), Child Protective Services (CPS), kinship care/relative caregiver program, and DCS foster parent issues. Review of children in foster care, kinship care or CPS and make recommendations for improvement. Takes referrals and can access records from children, families, state workers and private agency staff to help resolve problems. It is an independent state agency that advocates and mediates for children and families.  
Hours: 8:00 a.m. – 4:30 p.m., Monday – Friday  
Area Served: All of Tennessee

**PAL GROUP (Parents of Addicted Loved Ones)**

Address: Springfield Baptist Church, 400 N. Main Street,, Springfield, TN 37172  
Contact: Belita Howard  
Email: [bhowardhomes@gmail.com](mailto:bhowardhomes@gmail.com)  
Phone: 615-804-5785  
Services: Free weekly support group for Parents, Spouses, i.e. "People" of those with substance and alcohol abuse disorders. Focuses on building healthy relationships, boundaries and understanding of the addiction. Meets Tuesday at 6:30 pm. Call or email to confirm first attendance.

### **Sheila Hoffman Counseling, LPC-MHSP**

**Address:** 3023 Hwy 31W White House, Tennessee 37188  
**Phone:** (615) 202-4504  
**Services:** Works with clients 12 and older on anxiety, depression and family conflict  
**Fees:** No insurance accepted, but a sliding scale for payment is available.

### **Stewart Mental Health**

**Address:** 105 5<sup>th</sup> Ave. West, Suite 103, Springfield, TN 37172  
**Phone:** (615) 384-7111  
**Services:** Psychology testing, psychotropic medication management and counseling.  
**Fees:** Call for updated fees  
**Hours:** Monday, Tuesday, Thursday, and Friday 9:00 a.m. – 5:00 p.m.

### **Systems of Care Across TN (SOCAT)**

**Address:** TN Voices, 500 Professional Park Drive, Goodlettsville, TN 37072  
**Contact:** Justin Owens, Community Engagement Specialist  
**Phone:** 615-269-7751  
**Email:** [justin.owens@tnvoices.org](mailto:justin.owens@tnvoices.org)  
**Website:** <https://tnvoices.org/programs/system-of-care-across-tennessee/>  
**Referrals:** <https://socacrosstn.org/make-a-referral/>  
**Services:** Works to ensure that Tennessee families have access to community-based services for children, youth, and young adults with mental, emotional, and behavioral health needs that is coordinated across systems, individualized to a family's unique needs, strengths, and culture, and where the families are the primary decision makers in the care of their children. Our staff currently provide high-fidelity Wraparound services to children, youth, young adults (0-21) and their families across the state of Tennessee.

### **Tennessee Suicide Prevention Network**

**Contact:** Darrell Bouldin (Mid Cumberland Regional Director)  
**Phone:** 629-333-4965  
**Address:** 1321 Murfreesboro Pike, Suite 155, Nashville, TN 37217  
**Website:** [www.tspn.org](http://www.tspn.org)  
**Services:** TSPN is a statewide organization that works to eliminate stigma of suicide. TSPN provides educational trainings and resources to businesses, schools, and other organizations to help others detect warning signs and risk factors of suicide.

### **Tennessee Voices**

**Phone:** 1-800-670-9882  
**Website:** [www.tnvoices.org](http://www.tnvoices.org)  
**Services:** advocacy, support, and services for children, youth, and adults experiencing mental health challenges. Individual & Family Peer Support, School Advocacy, Outpatient Counseling, Education and Training, Supportive Community Living for Adults with Mental Illness

### **Tri- Synergy Counseling**



Contact: Executive Administrator Gaby Hernandez  
Email: [hello@tri-synergycounselingtn.com](mailto:hello@tri-synergycounselingtn.com)  
Phone: 615-669-5242  
Address: 7105 Peach Ct #110, Brentwood, TN 37027  
Website: [www.tri-synergycounselingtn.com](http://www.tri-synergycounselingtn.com)  
Services: Tri-Synergy Counseling (TSC) is committed to delivering life-changing, generational transforming, culturally sensitive, quality, evidence-based mental health services to children, teens, families & adults residing in Tennessee. It is where the mind, body, and soul meet for healing. TSC provides [L.E.N.S Neurofeedback treatments](#), [parenting services](#), [wellness offerings](#), and [immigration evaluations](#), in addition to mental health services. Virtual & In person services. Hablamos Espanol. Sliding Scale Options.

### **Veterans Crisis Line – Suicide Prevention**

Phone: Dial 988 then Press 1 to talk to someone  
Text: Send a text message to 838255 to connect with a VA crisis responder  
Chat: Start a confidential online chat session with a VA crisis responder at [www.veteranscrisisline.net/chat](http://www.veteranscrisisline.net/chat)  
Web: [www.veteranscrisisline.net](http://www.veteranscrisisline.net)  
Services: If you are a Service member or Veteran in crisis or you're concerned about one, there are specially trained responders ready to help you, 24 hours a day, 7 days a week, 365 days a year. The Veterans Crisis Line connects Service members and Veterans in crisis, as well as their family members and friends, with qualified, caring VA responders through a confidential toll-free hotline, online chat, or text-messaging service. You do not have to be enrolled in VA benefits or health to connect to this service.

### **Youth Villages**

Address: 3310 Perimeter Hill Drive, Nashville, TN 37211  
Phone: 615-250-7200  
Web: [www.youthvillages.org](http://www.youthvillages.org)  
Services: Provides several services including Intercept<sup>®</sup>, Residential Treatment Programs, Lifeset<sup>™</sup>, Multisystemic Therapy<sup>®</sup>, Foster Care, Adoption, and Specialized Crisis Services.  
Fees: See website for information  
Hours: 8:00 a.m. – 5:00 p.m., Monday - Friday

### **Poison Center**

Address: Vanderbilt Medical Center, Nashville, TN  
Phone: 800-222-1222 (Poison hotline) or 615-936-0760 (Admin Offices)  
Text POISON to 797979  
Web: [www.tnpoisoncenter.org](http://www.tnpoisoncenter.org)  
Services: Poison information  
Hours: 24/7  
Area Served: All of Tennessee

## Parks & Recreation

### **Bell School Ball Field & Park**

Address: 7617 Hwy 41N, Adams, TN 37010

Phone: (615) 483-4571

Web: <http://adamstennessee.net/local-government/departments/adams-recreation-club/>

Services: Playground, restrooms, basketball court, baseball and softball fields.

### **Garner Street Park**

Address: 200 N Garner Street, Springfield, TN 37172

Phone: (615) 382-1655

Web: <https://springfieldtn.gov/195/Parks-Recreation>

Services: Playground, restrooms, tennis courts, tennis wall, pavilion for rental, Central Bark Dog Park, access to Springfield Greenway.

### **Greenbrier Lake Park & Playground**

Address: 722 Main Street, Greenbrier, TN 37073

Services: Pavilion and access to Greenbrier Lake.

### **J. Travis Price Park**

Address: 4155 Wilks Road, Springfield, TN 37172

Phone: (615) 382-1655

Web: <https://springfieldtn.gov/195/Parks-Recreation>

Services: Playgrounds, outdoor exercise equipment, restrooms, pavilions for rental, baseball/softball fields, soccer field, basketball court, disc golf course, access to Springfield Greenway.

### **Kilgore Park**

Address: 150 Kilgore Trace, Cross Plains, TN 37049

Phone: (615) 654-2555

Services: Playground, restrooms, pavilions for rental, baseball/softball fields, gravel walking trail.

### **Louise Martin City Park, Dick Strong Memorial Field**

Address: 119 Park Court, Greenbrier, TN 37073

Phone: (615) 642-8611

Web: <https://greenbriertn.org/parks/parks.html>

Services: Playground, restrooms, baseball/softball fields, walking trail.

### **Martin Luther King Jr. Park**

Address: 2623 S Main Street, Springfield, TN 37172

Phone: (615) 382-1655

Web: <https://springfieldtn.gov/195/Parks-Recreation>

Services: Playground [all-inclusive], pavilion, splash pad, restrooms, football field, padded outdoor running/walking track.

**Pioneer Park**

Address: 721 Cobb Street, Goodlettsville, TN 37072  
Phone: (615) 859-0596  
Web: <https://ridgetoptn.org/parks.html>  
Services: Gazebo, volleyball/badminton net, basketball goal, walking trail, playground.

**Ridgetop Station Park**

Address: 1954 Woodruff Avenue, Ridgetop, TN 37152  
Phone: (615) 859-0596  
Web: <https://ridgetoptn.org/parks.html> and <https://rcmga.org/arboretum/>  
Services: Playground, pavilions, Arboretum, restrooms, walking trail.

**Springfield Greenway**

Address: 4155 Wilks Road, Springfield, TN 37172 (additional access at Garner Street Park)  
Phone: (615) 382-1655  
Web: <https://springfieldtn.gov/Facilities/Facility/Details/Springfield-Greenway-14>  
Services: 4 mile paved walking track.

**Springfield Civic Center (The Center)**

Address: 401 N Main Street, Springfield, TN 37172  
Phone: (615) 382-1655  
Web: <https://springfieldtn.gov/195/Parks-Recreation>  
Services: Exercise equipment, restrooms, locker rooms, indoor walking track, basketball court, group fitness classes, youth and adult sports leagues.  
Fees: Varies, age-dependent

**White House Greenway**

Address: 420 Hwy 76, White House, TN 37188 (additional access on Hwy 31-W near White House Animal Hospital - 2950 US-31W, White House, TN 37188)  
Phone: (615) 672-4350  
Web: <https://whparks.recdesk.com/Community/Home>  
Services: 3.6 mile paved walking, biking, running track.

**White House Municipal Park**

Address: 420 Hwy 76, White House, TN 37188  
Phone: (615) 672-4350  
Web: <https://whparks.recdesk.com/Community/Home>  
Services: Playgrounds, restrooms, basketball courts, baseball/softball fields, disc golf course for adults and children, tennis courts, volleyball/badminton (sand courts), pavilions, dog park, football field, walking trail with access to greenway trailhead.

## Rehabilitation Services

### H.A.T.S. (Habilitation and Training Services)

Address: 4859 Hwy 431 N., Springfield, TN 37172

Phone: 615-384-2571

Web: <http://www.hatstn.org/index.html>

Services: Adult day services, residential and case management, family support to allow those with severe disabilities to remain in their homes and communities, Rainbow Early Intervention Services for children 36 months and under with disabilities or developmental delays, job coaching and training programs for disabled adults.

**Family Support Program:** This program is a grant funded program in agreement with the State of TN. It is designed to assist individuals with severe, life-long mental or physical disabilities and their families to remain together in their homes and in their communities. It is intended for individuals who choose to live with their families or for those who reside in a community in an unsupported setting. Program is not income-based and does not interfere with disability or SSI income. Contact **Elaine Broyles** (615) 575-4119.

Hours: 8:00am – 4:00 PM Monday - Friday

Areas served: Robertson and Sumner Counties

### Paradise Ranch

Address: 2822 Paradise Lane, Springfield, TN 37172

Phone: (615) 382-7256

Web: [www.paradiseranch.org](http://www.paradiseranch.org)

Contact: To register - <http://paradiseranch.org/register/>

Services: Therapeutic riding is available for physically and mentally handicapped riders. Volunteers and certified instructors ensure that the riders have a safe, fun experience while also receiving valuable therapeutic care.

### Redemption Ranch

Address: 5229 Jones Chapel Road, Cedar Hill, TN 37032

Phone: 502-706-1919

Email: [RedemptionRanchTN@gmail.com](mailto:RedemptionRanchTN@gmail.com)

Web: [www.redemptionranchtn.com](http://www.redemptionranchtn.com)

Contact: Hannah Corn

Services: Helping hurting children in the community through equine and agriculture learning. Connecting individuals with horses in a safe and peaceful environment to help heal, encourage, and offer hope that will empower them for a lifetime.

## Senior Citizens

### AgeWell Middle TN (formerly Council on Aging of Middle Tennessee)

Address: 95 White Bridge Pike # 250, Nashville, TN 37205

Phone: (615) 353-4235

Web: <https://agewelltn.org/>

Services: AgeWell champions informed and positive aging and serves as the area's catalyst for collaborative solutions. A Senior Services Directory is updated annually, link: <https://directory.agewelltn.org/s/>

Hours: 9:00 AM – 2:00 PM

Area Served: Middle Tennessee

### **Greater Nashville Regional Council**

Address: 44 Vantage Way, Suite 450, Nashville, TN 37228

Phone: 615-255-1010

Web: [www.gnrc.org](http://www.gnrc.org)

Services: Information and Assistance Hotline; Free, Unbiased Medicare Counseling; Long-term Care for Low-Income Seniors; Family Caregiver Support, Legal Aid and Conservatorship; In-home Living Assistance; Meal and Transportation Services

Hours: Monday - Friday 8 a.m. - 4:30 p.m.

Area Served: Cheatham, Davidson, Dickson, Houston, Humphreys, Montgomery, Robertson, Rutherford, Stewart, Sumner, Trousdale, Williamson, and Wilson counties

### **Byrum-Porter Senior Center**

Address: 9123 Highway 49 East, Orlinda, TN 37141

Phone: 615-654-3161

Email: [bpsc@byrumporterseniorcenter.comcastbiz.net](mailto:bpsc@byrumporterseniorcenter.comcastbiz.net)

Web: [www.byrumporter.com](http://www.byrumporter.com)

Contact: Sherri Link, Executive Director

Services: Senior activities for all types

Hours: Monday-Friday – 8:00AM – 4:00PM

Area Served: Robertson and Sumner County, Simpson County, KY

### **Long-Term Care Ombudsman - Tennessee Commission on Aging and Disability**

Address: 502 Deaderick Street, 9th Floor, Nashville, TN 37243-0860

Contact: Quiteka Moten

Email: [quiteka.moten@tn.gov](mailto:quiteka.moten@tn.gov)

Phone: Tel: 615-253-5412  
Fax: 615-741-3309  
Toll Free: 877-236-0013  
TDD: 615-532-3893

Web: <https://www.tn.gov/aging/our-programs/long-term-care-ombudsman.html>

Services: This program provides assistance to elderly Tennesseans residing in nursing homes, homes for the aged, and assisted care living facilities. The Ombudsman is available to help residents and their families resolve questions or problems and will advocate for solutions to problems for qualified residents of long-term care facilities. When residents and families cannot resolve their problems through consultation with the facility staff or governmental agencies involved, they should contact their District Ombudsman. The Ombudsman works with many agencies and may be able to help resolve questions or concerns that involve state and federal agencies administering services to the elderly. Concerns can include quality of care, financial information,

resident rights, admissions, transfer, and discharge. Also included are questions regarding nursing homes, homes for the aged, assisted care living facilities, Medicaid, and Medicare.

Area Served: Middle Tennessee

### **Mid-Cumberland Human Resource Agency - Meals on Wheels**

Address: Located inside First Presbyterian Church, 200 W 5th Ave, Springfield, TN 37172

Phone: 615-382-7287 local office, Sharon McDaniel 615-595-1225 or 615-850-3910

Web: <http://www.mchra.com/meals-on-wheels/>

Services: Prepared meals for anyone age 60 and older who is homebound, or meets the needs as determined by state guidelines, is eligible. Seniors age 60 and older may also apply for congregation dining through their local Dining Site - *as of 9/2021 congregate dining not currently available in Robertson County.*

Fees: Fee scale determined after application.

### **Robertson County Senior Center**

Address: 601 Locust Street, Springfield, TN 37172

Phone: 615-384-6367 or 615-384-2273

Email: [cindy@rcseniorcenter.com](mailto:cindy@rcseniorcenter.com)

Contact: Cindy Farmer, Director

Services: Senior programs and activities, Elder Abuse Intervention

Hours: 9:00 AM – 3:30 PM

Area Served: Robertson County

Fees: \$20 per year suggested donation

### **SilverSneakers**

SilverSneakers offers live online fitness classes and wellness workshops for eligible senior adults. If SilverSneakers is included in their Medicare Advantage Plan, they will automatically have access to all LIVE online classes and workshops.

<https://tools.silversneakers.com/Learn/Live>

<https://www.silversneakers.com/learn/classes/>

### **White House Senior Center**

Address: 105 College Street, White House, TN 37188

Phone: 615-672-4350 Ext. 2116

Email: [seniorcenter@cityofwhitehouse.com](mailto:seniorcenter@cityofwhitehouse.com)

Web: <http://www.cityofwhitehouse.com/government/senior-center>

Contact: Billie Hyndman

Services: Senior activities (55+) including Wednesday lunch, water aerobics, blood pressure checks on Wednesday, etc.

Hours: 8:00 AM – 4:00 PM M-Th

Lunch Fee: \$3.00

Fees: None

Other: Monthly newsletter available by completing application. Participants only pay for activities that are participating in. Such as lunch, outings

for dinner, etc.

## **YMCA of the USA**

Active Older Adults pre-recorded exercise videos available for free:

<https://www.ymca.net/your-y-at-home-for-active-older-adults>

See Also: [Housing](#) Morningside of Springfield, Springfield Heights, Holiday House

## **Support Groups**

### **Alcoholics Anonymous (AA)**

Services: An AA Meeting is a program where alcoholics and people who struggle with addiction gather for one hour to share their experience, strength, and hope. AA Members who attend an AA meeting will share their experience getting sober through their personal anecdotes with anyone looking to get sober. There is no religious, social or economic association for membership, just the desire to stop drinking, and live a fulfilling existence without alcohol.

Schedule: Tuesday at 7:00pm, Christ Church North, 2732 Hwy 31 W, White House, TN 37188  
Wednesday at 7:00pm, Covenant Confirmers, 300 10th Ave E., Springfield, TN 37172  
Thursday at 7:00pm, Christ Church North, 2732 Hwy 31 W, White House, TN 37188  
Friday at 7:00pm, First Presbyterian Church, 200 5th Ave W., Springfield, TN 37172  
Saturday at 10:00 AM and 7:00PM, 200 5th Avenue West, Springfield, TN 37172  
Sunday at 10:00 AM, 200 5th Avenue West, Springfield, TN 37172  
Sunday at 7:00PM at Christ Church North, 2732 Hwy 31 W, White House, TN 37188

### **Caregiver Support - Mental Health America of the MidSouth**

Address: 446 Metroplex Drive, Suite A-224, Nashville, TN 37211

Phone: Office:615-269-5355 Office; Direct:615-434-2710

Web: <https://www.mhamt.org/>

Contact: Lynn Wood, Caregiver Support Coordinator

Email: [lwood@mhamidsouth.org](mailto:lwood@mhamidsouth.org)

Services: Mental Health First Aid for Older Adults, Caregiver Support Group, "Joining the Journey...Preparing Alzheimer's Caregivers", "Caregiver Conversations",  
"Communicating Effectively with Health Care Professionals".

### **Celebrate Recovery (CR)**

Address: (See schedule for location)

Phone: 615-598-3848

Email: [matthew.t.driscoll@gmail.com](mailto:matthew.t.driscoll@gmail.com)

Contact: Matt Driscoll

Services: Celebrate Recovery is a Christ-centered, 12 step recovery program for anyone struggling with hurt, pain or addiction of any kind.

Hours: 6:30pm

Schedule: Monday: Long Hollow Baptist Church, 3031 Long Hollow Pike, Hendersonville, TN 37075

Tuesday: Epiphany Baptist Church, 211 W. 1st Avenue, Springfield, TN 37172

Thursday: Temple Baptist Church, 117 Marlin Rd, White House, TN 37188

### **Covenant Confirmers Ministry - Support Group Schedule**

Address: 300 10th Avenue E., Springfield, TN 37172

Phone: 615-384-9010

Services: The Prodigal Son Support- Wednesdays -7:00 PM

Recovery Clubhouse (offers pool tables, big screen TV, tables, chairs, sofas, card games and free coffee in a safe environment) - Saturdays 6:00-10:00 pm

## **Robertson County Recovery Meetings-sent a revised list**

<b>Monday</b>	<p><b>Celebrate Recovery (CR): Every Monday</b> 6:30 PM at Long Hollow Baptist Church, 2021 Long Hollow Pike, Hendersonville, Tn 37075</p> <p><b>NAMI support Meeting:</b> (third Monday of each month) at 6:00 PM for current location call 615-669-2599.</p> <p><b>Narcotics Anonymous (NA)</b> every Monday @ <b>7:00 PM</b> at Palestine Methodist Church, meeting in fellowship hall on the right side of the church 2715 Old Hwy 431 S./ Springfield, TN 37172</p>
<b>Tuesday</b>	<p><b>Overcomer's:</b> Every <b>Tuesday @</b> 6:30PM at City of Faith, 1001 Goldcrest Drive, Springfield, TN 37172</p> <p><b>Alcoholic Anonymous (AA):</b> Every <b>Tuesday @</b> 7:00PM at Christ Church North 2732 Hwy 31 W, White House, TN 37188</p> <p><b>Celebrate Recovery (CR): Every Tuesday @</b> 6:30 PM at Epiphany Baptist Church, 211 W. 1<sup>st</sup> Avenue, Springfield, TN 37172</p> <p><b>Parents (People) of Addicted Loved Ones (PAL)</b> Tuesday's at 6:30 PM at Springfield Baptist Church, 400 N. Main Street, Springfield, Contact: Belita Howard, bhowardhomes@gmail.com 615-804-5785</p> <p><b>Restoring Hope:</b> Every Tuesday @ 6:00pm at Hope Apostolic Church, 4186 Dot Rd Springfield, TN 37172</p> <p><b>NAMI Support Meeting:</b> Second Tuesday of each month at 1:00 pm at Stokes Brown Library 405 White St-Springfield, TN 37172</p>



<p><b>Wednesday</b></p>	<p><b>Journey 2 Recovery:</b> 7:00 PM at South Haven Baptist Church 116 Academy Dr., Springfield, TN 37172</p> <p><b>The Prodigal Son Support:</b> Every <i>Wednesday</i> @ 7:00 PM at Covenant Confirmers Ministries Inc., 300 10<sup>th</sup> Ave. East, Springfield, TN 37172</p>
<p><b>Thursday</b></p>	<p><b>Celebrate Recovery (CR):</b> Every <i>Thursday</i> @ 6:30PM at Temple Baptist Church 117 Marlin Road, White House, TN 37188</p> <p><b>Alcoholic Anonymous (AA):</b> Every <i>Thursday</i> @ 7:00PM at Christ Church North 2732 Hwy 31 W, White House, TN 37188</p> <p><b>NAMI Combined Support Meeting-</b> Every second Thursday via Zoom. Please register using this link <a href="mailto:nami4robertsocoounty@gmail.com">nami4robertsocoounty@gmail.com</a></p>
<p><b>Friday</b></p>	<p><b>Alcoholic Anonymous (AA):</b> Every <i>Friday</i> @ 7:00PM, 200 5<sup>th</sup> Avenue West, Springfield, TN 37172 or call 1-866-920-0628</p> <p><b>Al-Anon:</b> Every Friday at 6:00 PM at First Presbyterian Church, 205 5<sup>th</sup> Avenue W, Springfield, TN 37172 or call 615-347-6905</p>
<p><b>Saturday</b></p>	<p><b>Overcomer's:</b> Every <i>Saturday</i> @ 9:00AM at City of Faith, 1001 Goldcrest Drive, Springfield, TN 37172</p> <p><b>Alcoholic Anonymous (AA):</b> Every <i>Saturday</i> @ 10:00 AM and 7:00PM 200 5th Avenue West, Springfield, TN 37172 or call 1-866-920-0628</p> <p><b>Narcotics Anonymous (NA)</b> every <i>Saturday @10:00 AM</i> at Palestine Methodist Church, meeting in fellowship hall on the right side of the church 2715 Old Hwy 431 S./ Springfield, TN 37172</p>
<p><b>Sunday</b></p>	<p><b>Alcoholic Anonymous (AA):</b> Every <i>Sunday</i> @ 10:00 AM 200 5th Avenue West, Springfield, TN 37172 or call 1-866-920-0628</p> <p><b>Alcoholic Anonymous (AA):</b> Every <i>Sunday</i> @ 7:00 PM at Christ Church North 2732 Hwy 31 W, White House, TN 37188</p>

## E-Recovery Support Communities and Programs

- Faces & Voices of Recovery's Guide to Mutual Aid Resources: A compendium of recovery support programs and communities—many of which now offer virtual meetings and resources. <https://facesandvoicesofrecovery.org/resources/mutual-aid-resources/>
- Online Intergroup of Alcoholics Anonymous: Hosts a directory of online meetings featuring 1,000+ online AA meetings worldwide, ranging from video or telephone conferences to email or chat groups in many languages, available 24/7. <https://aa-intergroup.org>
- 12StepMe.org: Chat/meeting group of Alcoholics Anonymous (AA). This website has no affiliation—implied or actual—to any organization, including AA—meetings are conducted by an AA group that is registered with the Online Intergroup of AA. <https://12stepme.org>
- SMART Recovery Online (SROL): Online community where individuals with addiction, their family and friends, and other specialized audiences can interact with SMART (Self-Management and Recovery Training) volunteers and each other to aid in overcoming addiction. <http://www.smartrecovery.org/srol-2>
- In The Rooms (ITR) Online Communities and Meetings: ITR is an online social network for recovery community. Its mantra is the acronym HITCH (Help, Inform, Touch, Connect, and Heal). <https://bit.ly/2IPozjs>

Emotional Anonymous- <https://emotionsanonymous.org/>

NAMI Davidson- <https://namidavidson.org/support-groups/support-groups/>

TN Redline -1-800-889-9789-Referral resources

## Examples of Mobile Recovery Communities

Consider sharing this list of mobile apps that nurture and sustain virtual recovery communities through 24-hour connections. Many of them are free and offer peer-coaching support (which may incur a fee). Examples include:

- **Sober Grid:** [www.sobergrid.com](http://www.sobergrid.com)
- **R/Tribe:** [www.rtribe.org](http://www.rtribe.org)
- **WEconnect:** [www.weconnectrecovery.com](http://www.weconnectrecovery.com)
- **Nomo (*It's Time to say No More!*):** <https://saynomo.com>

## NAMI (National Alliance on Mental Illness) - ROBERTSON COUNTY GROUP

Address: PO Box 1457, Springfield, TN 37172

Contact: Amy Lawrence

Phone: 615-669-2599

Email: [nami4robertsoncounty@gmail.com](mailto:nami4robertsoncounty@gmail.com)

Services: The NAMI Family Support Group is a support group for family members, significant others and friends of people with mental health conditions.

NAMI Connection Support Group is a support group for people with mental health conditions

Schedule: Monday: Third Monday of each month at 6:00  
Tuesday: Second Tuesday of each month at 1:00 pm at the Stokes Brown Library  
Thursday: Second Thursday of each month at 6:30 pm; register at [nami4robertsoncounty@gmail.com](mailto:nami4robertsoncounty@gmail.com)

## Transportation

### Go Go Grandparent

Phone: 1 (855) 464-6872  
Web: [www.gogograndparent.com](http://www.gogograndparent.com)  
Service: Your agent for affordable rides.

### Mid-Cumberland Regional Transit System

Address: 408 N Willow Street, Springfield, TN 37172  
Phone: 615-384-9335  
Web: [www.mchratransit.org](http://www.mchratransit.org)  
Fees: One way in city: \$2.00, One way in county: \$3.00, Additional stop on scheduled route: \$1.00, Each county line crossed: \$5.00, Flat rates to Nashville (one way): \$10.00  
To schedule a ride, call 1-800-945-4125

### Robertson County Non-Emergency EMS

Address: 1305 Hill Street, Springfield, TN 37172  
Phone: 615-384-2186 (Call for pricing)  
Web: [www.robertsoncountyttn.org](http://www.robertsoncountyttn.org)  
Services: Non-emergency ambulatory services or wheelchair van services for pickups. Pickups must be pre-approved by insurance.  
Hours: 9:00 AM – 7:00 PM Monday – Friday  
Area Served: Robertson County

## Veterans

### Operation Stand Down Tennessee

Address: 115 N. 3rd. St. Clarksville, TN 37040

Phone: 931-896-2184 EXT. 310

Contact: Randall Johnson

Email: [randall.johnson@osdtn.org](mailto:randall.johnson@osdtn.org)

Website: [www.osdtn.org](http://www.osdtn.org)

Services: Operation Stand Down Tennessee is the only comprehensive Veteran-serving agency in middle Tennessee connecting Veterans with careers, community, and crisis services. If you or your spouse served in the military, let Operation Stand Down Tennessee engage, equip, and empower you to succeed.

### Robertson County Veterans Service Officer

Address: 505 S. Brown St. Springfield, TN 37172

Phone: 615-382-6506

Services: VA, Widow and Death Benefits and GI Bill

Hours: Monday-Friday from 8am-4:30pm (appointment only)

Area Served: Robertson County

### Steven A. Cohen Military Family Clinic at Centerstone – Clarksville, TN

Address: 775 Weatherly Drive, Clarksville, TN 37043

Web: <https://centerstone.org/cohen-military-family-clinic/clarksville/>

Phone: 931-221-3850

### Veterans Affairs – Tennessee Valley Healthcare System

Address: 1310 24<sup>th</sup> Ave. South, Nashville, TN 37212

Phone: 615-327-4751

Web: <https://www.va.gov/tennessee-valley-health-care/>

Services: Our main hospital provides primary care and specialty health services, including mental health care, women's health services, organ transplants, prosthetics, eye care, nutrition counseling, foot care, hospice and palliative care, and more.

Hours: 8:00 AM – 4:30 PM Monday – Friday

Area Served: Nationwide

### Veterans Crisis Line – Suicide Prevention

Phone: 988 then press 1

Text: Send a text message to 838255 to connect with a VA responder

Web: Start a confidential online chat session at <https://www.veteranscrisisline.net/>

Services: If you are a Service member or Veteran in crisis or you're concerned about one, there are specially trained responders ready to help you, 24 hours a day, 7 days a week, 365 days a year.

## Youth

### **Bransford Pride After School Program**

Address: 700 Bransford Drive, Springfield  
Phone: 615-585-5739  
Contact: Carolyn Woodard  
Services: After school educational program offering tutoring, enrichment and snacks for children in grades K-5. Bus transportation.  
Hours: After school – 5:00 PM Monday – Friday. Follows school schedule. Summer program.

### **Coopertown Elementary – Eagle’s Town After School Program**

Address: 3746 Hwy 49 W, Springfield, TN 37172  
Phone: 615-382-0920  
Director: Tasha Crain  
Services: After school program for elementary age children.  
Hours: 2:30 – 6:00 PM Monday – Friday. Summer and holiday program.

### **Crestview Elementary – Explorers After School Program**

Address: 1160 Jaden Gavin Road, Springfield, TN 37172  
Phone: 615-384-3105  
Director: Ashley Robertson  
Email: [ashley.robertson@rcstn.net](mailto:ashley.robertson@rcstn.net)  
Services: After school program for elementary age children.  
Hours: 2:15-6:00 Monday – Friday. Follows school schedule.

### **Greenbrier Elementary – Bobcat Buddies Before and After School Program**

Address: 2658 US-41, Greenbrier, TN 37073  
Phone: 615-643-4529 / 615-643-1724  
Email: [patrice.townsend@rcstn.net](mailto:patrice.townsend@rcstn.net)  
Contact: Patrice Townsend  
Services: Before and After school program for elementary age children. Includes snack, homework help, and enrichment.  
Hours: 6:00-6:55am / 2:25-6:00pm Monday – Friday. Follows school schedule.

### **UT Extension After School Program - Greenbrier Middle School**

Address: 715 5<sup>th</sup> Avenue, Springfield  
Email: [gbafterschool@utk.edu](mailto:gbafterschool@utk.edu)  
Contact: Clarissa Gardner, Site Director or Lauren Patterson, Extension Agent  
Services: After school educational program offering tutoring, enrichment and snacks for children in grades 6-8 at Greenbrier Middle School.  
Hours: After school 3:00– 5:30 PM Monday – Friday. Follows school schedule.

### **UT Extension Robertson County**

Address: 408 North Main Street, Springfield, TN 37172  
Phone: (615) 384-7936  
Web: [www.robertson.tennessee.edu](http://www.robertson.tennessee.edu)  
Contact: Lauren Patterson, County Director & Extension Agent/ Family and Consumer Sciences  
[lpatte20@utk.edu](mailto:lpatte20@utk.edu)  
Timmy Mann, Extension Agent/Agriculture [tmann1@utk.edu](mailto:tmann1@utk.edu)  
Lauren Balthrop, Extension Agent/4-H Youth Development, [lbalthr1@utk.edu](mailto:lbalthr1@utk.edu)  
Elizabeth Fletcher, Extension Agent/4-H Youth Development [eliggrav@utk.edu](mailto:eliggrav@utk.edu)

Rachael Ragland, Program Assistant/ 4-H Youth Development, [rreed45@utk.edu](mailto:rreed45@utk.edu)  
Bob Ary, Program Assistant/Horticulture [bobary@utk.edu](mailto:bobary@utk.edu)  
Services: Education: 4-H youth development, family and consumer science including health, financial, and nutrition, agriculture and horticultural education/program. Family and community education club program, Master gardeners program.  
Fees: Many are free, some programs are fee-based  
Hours: Monday - Friday, 7:30 a.m. - 4:30 p.m.

#### **Watauga Elementary – Ridgetopper After School Program**

Address: 1755 Lake Road, Ridgetop, TN 37152  
Phone: 615-859-5252  
Email: [misty.reese@rcstn.net](mailto:misty.reese@rcstn.net)  
Contact: Misty Reese  
Services: After school program for elementary age children.  
Hours: After school Monday – Friday. Follows school schedule.

#### **White House Heritage Elementary School – Patriot Friends Before and After School Program**

Address: 220 West Drive, White House, TN 37188  
Phone: 615-672-4682  
Email: [rhonda.blythe@rcstn.net](mailto:rhonda.blythe@rcstn.net)  
Contact: Rhonda Blythe  
Services: Before and After school program for elementary age children.  
Hours: 6:00-7:00am / 2:30-6:00pm Monday – Friday. Follows school schedule.

#### **YMCA – YCAP Program**

Address: 3332 Tom Austin Highway, Springfield, TN 37172  
Phone: 615-382-9622  
Email: [robertsonycap@ymcamidtn.org](mailto:robertsonycap@ymcamidtn.org)  
Web: <http://www.ymcamidtn.org/programs/robertson-county-y-cap>  
Services: Leadership development and outreach program for youth in middle school; after-school and summer camp services  
Area Served: Robertson County  
Other: Faith based program that includes the whole family

## **Essential Numbers**

- ☒ In the case of an Emergency call 911
- ☒ 2-1-1 Helpline: Dial “211”, call 800-318-9335, or text your zip code to “898-211”
- ☒ Adams Fire Department- 615-696-2593
- ☒ Central Dispatch- 615-384-4911
- ☒ Pleasant View Volunteer Fire Department (covers Coopertown area) – 615-746-8528
- ☒ Coopertown Police Department- 615-382-4470
- ☒ Cross Plains Fire Department- 615-654-2555 (City of Cross Plains)
- ☒ Cross Plains Police Department- 615-654-2555 (City of Cross Plains)
- ☒ Emergency Medical Services (EMS) 615-384-2186

- ☐ Greenbrier Fire Department- 615-643-4361
- ☐ Greenbrier Police Department- 615-643-4467
- ☐ NorthCrest Medical Center- 615-384-2411
- ☐ Poison Control- 1-800-222-1222
- ☐ Ridgetop Fire Department- 615-859-0596
- ☐ Robertson County Sheriff's Office- 615-384-7971
- ☐ Robertson County Crisis Line – 877-652-3069
- ☐ Springfield Fire Department- 615-384-4381
- ☐ Springfield Police Department- 615-384-8422
- ☐ Tennessee Highway Patrol- 615-741-2060 (District dispatch)
- ☐ White House Fire Department- 615-672-5338
- ☐ White House Police Department- 615-672-4903